

MS. DEB'S NEWSLETTER
FEBRUARY 2023

Choices

YOU
ALWAYS
HAVE A
CHOICE

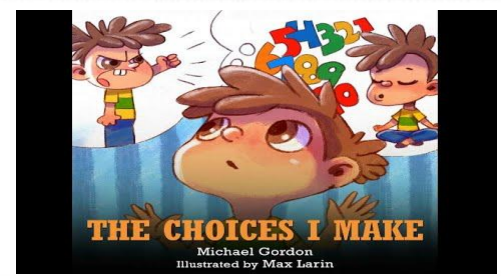
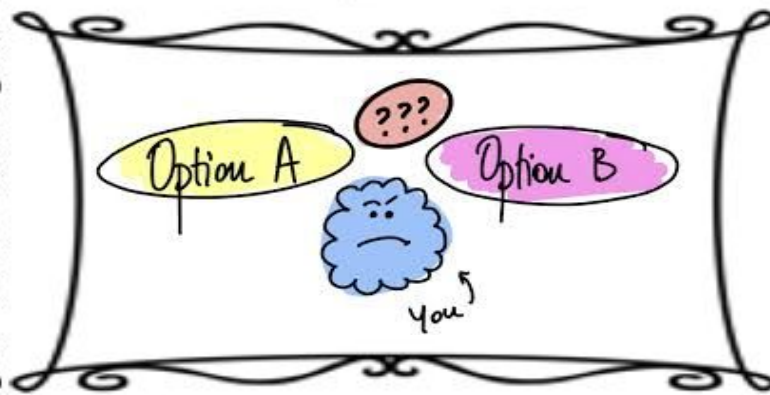
WEEK OF

February 1st-27th

This newsletter summarizes the social/emotional lesson topics that the teachers and I will be presenting this month.

Take every opportunity to talk with our students about the importance of these lessons.

Every adult in their life can teach them that having social/emotional intelligence will help them have a happy and successful life.



MAKE
GOOD
CHOICES

MS. DEB'S NEWSLETTER

FEBRUARY 2023

4 quotes about choices to discuss with your class:

1. Life is all about making choices. Always do your best to make the right ones AND always do your best to learn from the wrong ones.
2. Sometimes, you need to choose to do things that you don't want to do.
3. Attitude is a choice. Happiness is a choice. Optimism is a choice. Kindness is a choice. Giving is a choice. Respect is a choice. *Whatever choice you make makes you.* Choose wisely.
4. Look for your choices. Pick the best one, then go with it.

My parents used to always say, "It's your choice." For example: If I cleaned my room, I got to watch a movie with the family. If I didn't, I had to stay in my room until it was clean.....then I could join the family. Sometimes I wished that they would have just MADE me clean my room. What they were teaching me is that we all make choices. Then, we have to live with the consequences. I get it now, but it really frustrated me when I was a kid.

Why is it so important to let kids make their own choices whenever possible?

Choice:

An act of making a decision when faced with 2 or more possibilities

WEEK OF

February 1st-27th

Grades TK-2 short videos:

[How to Make Good Choices](#)

[Mr. Omar's Classroom - Make Smart Choices](#)

Grades 3-5 short videos:

[Mr. Omar's Classroom - Make Smart Choices](#)

[PBIS - Wise Choices](#)

