

# Cope Middle School

**November 08, 2018**

**Today's Rotation 3-4-5-6-1-2**

**Breakfast \$1.50:** **M** – Breakfast Turkey Sausage Pizza or Honey Bun or Ultimate Breakfast Round or Assorted Cereals **T**–Waffles or Bagel & Cream Cheese **W** –Breakfast Bacon Burrito or Berry Yogurt Parfait **TH** – Dutch Waffle or Bagel **Fri** – Breakfast Bacon Burrito or Honey Bun or Ultimate Breakfast Round or Assorted Cereals.

**Lunch \$2.95:** **M** – Spicy Chicken Salad Roll, Uncrustable Sandwich, Chicken Crispy Rounds and Dinner Roll, Big Daddy Variety Pizza, Cheeseburger **T**- American Sub, Yogurt, Muffin, & Seeds, Chicken & Waffles, Pizza Crunchers, Spicy Chicken Sandwich. **W**- Spicy Chicken Salad Roll, Uncrustable Sandwich, Bean and Cheese Burrito, Big Daddy Variety Pizza, Cheeseburger. **Thurs.** American Sub, Yogurt, Muffin, & Seeds, Macaroni & Cheese, Pizza Crunchers, Spicy Chicken Sandwich. **Fri** - Spicy Chicken Salad Roll, Uncrustable Sandwich, Hot Cuban Sandwich, Big Daddy Variety Pizza, Cheeseburger

## 8<sup>th</sup> Grade Intramural Volleyball Teams

If you signed up for 8<sup>th</sup> grade Intramural Volleyball there is a meeting on today Nov. 8<sup>th</sup> at 2<sup>nd</sup> lunch in the Lecture Hall. We will be going over rules and team schedules.



## Chess Club

Chess Club will meet this Friday November 9th in M-51 during 2nd lunch only. Hope to see you there!



## Run Club

Prospect Park Race today November 8, meet at Prospect by 2:20



## Ski/ Snowboard Club

Cope skiers and snowboarders, we are hitting the slopes again at Snow Summit this year starting on January 11<sup>th</sup>. Informational packets are available in room H-22 or in the Student Center now. All forms and payment will be due by Thursday, December 13<sup>th</sup> Spaces are limited so apply now, Eagles!!!



**YOU HAVE BRAINS IN YOUR HEAD,  
YOU HAVE FEET IN YOUR SHOES,  
YOU CAN STEER YOURSELF  
IN ANY DIRECTION YOU CHOOSE.**

**- DR. SEUSS**



