

# Cope Middle School

February 11, 2019

Today's Rotation 1-2-3-4-5-6

**Breakfast \$1.50:** **M** – Breakfast Turkey Sausage Pizza or Honey Bun or Ultimate Breakfast Round or Assorted Cereals **T**–Waffles or Bagel & Cream Cheese **W** –Breakfast Bacon Burrito or Berry Yogurt Parfait **TH** – Dutch Waffle or Bagel **Fri** – Breakfast Bacon Burrito or Honey Bun or Ultimate Breakfast Round or Assorted Cereals.

**Lunch \$2.95:** **M** – Spicy Chicken Salad Roll, Uncrustable Sandwich, Chicken Crispy Rounds and Dinner Roll, Big Daddy Variety Pizza, Cheeseburger **T**- American Sub, Yogurt, Muffin, & Seeds, Chicken & Waffles, Pizza Crunchers, Spicy Chicken Sandwich. **W**- Spicy Chicken Salad Roll, Uncrustable Sandwich, Bean and Cheese Burrito, Big Daddy Variety Pizza, Cheeseburger. **Thurs.** American Sub, Yogurt, Muffin, & Seeds, Macaroni & Cheese, Pizza Crunchers, Spicy Chicken Sandwich. **Fri** - Spicy Chicken Salad Roll, Uncrustable Sandwich, Hot Cuban Sandwich, Big Daddy Variety Pizza, Cheeseburger

## Run Club

If you are interested in participating in Track, come on out for 6 practices: Run Club will be February 11th, 13th, 19th and 21<sup>st</sup>. The Optimistic Track Meet will be at RHS on Saturday February 23<sup>rd</sup>.



## Friday's Spirit Day:

Let's get fancy! This Friday is semi-formal Friday. Ties, dresses, button-ups, slacks; dress to impress to earn those spirit points. 6th grade is currently in first place for spirit points with 8th grade close behind.



## Valentine Grams

Valentine Grams will be sold at both lunches. \$.75 for a “You’re a Gem” ring pop, \$1 for a “You Rock” poprocks, and \$2 for a rose and candy. Grams will be delivered on Valentine’s Day. Be sure to know the homeroom of the recipient



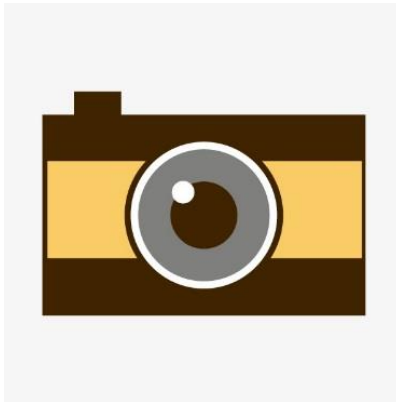
## Starry Night Dance:

Attention 7th and 8th graders. This Friday, February 15th, from 3:30-5:30 is the Starry Night Dance. This will be a semi-formal dance. Tickets include entry to the dance, a Hot dog on a Stick combo meal, and a photo collage from the professional photo booth. Tickets will be on sale at both lunches for \$15 with ASB and \$18 without. Ticket prices go up on Thursday, so buy your tickets soon!



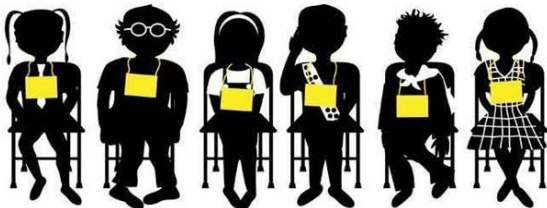
## **Group Photos for the Yearbook:**

Group photos will be taken for the following groups on **Tuesday, February 12<sup>th</sup>**. Meet in the MPR at your designated time. Run Club meet at 8:40 right before the bell rings, CJSF Grade 7 meet at 9:00, WEB meet at 9:30, CJSF Grade 8 meet at 10:15, and auxiliary meet at 10:30. Be sure to wear your club t-shirts.



## **Attention 7th graders only:**

Now is your chance to try out for the Spelling Bee. Pick up a list of words in I-27 and be at the tryouts Friday, February 22.



## **Did you know???**

Michelle Obama was a lawyer and writer before becoming First Lady of the United States from 2009-2017. She has often given well-received speeches at the Democratic convention. She is widely admired for the promotion of causes such as good health, exercise, and nutrition.



***“There are still many causes worth sacrificing for, so much history yet to be made” –Michelle Obama***