

Cope Middle School

February 8, 2019

Today's Rotation 2-3-4-5-6-1

Breakfast \$1.50: **M** – Breakfast Turkey Sausage Pizza or Honey Bun or Ultimate Breakfast Round or Assorted Cereals **T**–Waffles or Bagel & Cream Cheese **W** –Breakfast Bacon Burrito or Berry Yogurt Parfait **TH** – Dutch Waffle or Bagel **Fri** – Breakfast Bacon Burrito or Honey Bun or Ultimate Breakfast Round or Assorted Cereals.

Lunch \$2.95: **M** – Spicy Chicken Salad Roll, Uncrustable Sandwich, Chicken Crispy Rounds and Dinner Roll, Big Daddy Variety Pizza, Cheeseburger **T**- American Sub, Yogurt, Muffin, & Seeds, Chicken & Waffles, Pizza Crunchers, Spicy Chicken Sandwich. **W**- Spicy Chicken Salad Roll, Uncrustable Sandwich, Bean and Cheese Burrito, Big Daddy Variety Pizza, Cheeseburger. **Thurs.** American Sub, Yogurt, Muffin, & Seeds, Macaroni & Cheese, Pizza Crunchers, Spicy Chicken Sandwich. **Fri** - Spicy Chicken Salad Roll, Uncrustable Sandwich, Hot Cuban Sandwich, Big Daddy Variety Pizza, Cheeseburger

RHS Field Trip

8th graders with no permission slip and that are not attending the field trip to RHS will need to report to the library.

Students

Please do not bring blankets to school. Blankets will be confiscated and parents will need to pick up. Personal footballs, basketballs, and etc... Are not allowed as well and will be confiscated, and parents will need to pick up. Please do not bring to school.

Run Club

If you are interested in participating in Track, come on out for 6 practices: Run Club will be February 11th, 13th, 19th and 21st. The Optimistic Track Meet will be at RHS on Saturday February 23rd.



Attention 6th and 7th graders:

ASB applications for the 2019-2020 school year will be available in the counseling center. Applications are due February 28th. Pick up an application as soon as possible to give yourself plenty of time to complete the requirements. An informational meeting will be held on February 12th at both lunches in Mrs. Clark's room, M50.

Valentine Grams

Valentine Grams will be sold at both lunches. \$.75 for a "You're a Gem" ring pop, \$1 for a "You Rock" poprocks, and \$2 for a rose and candy. Grams will be delivered on Valentine's Day. Be sure to know the homeroom of the recipient.

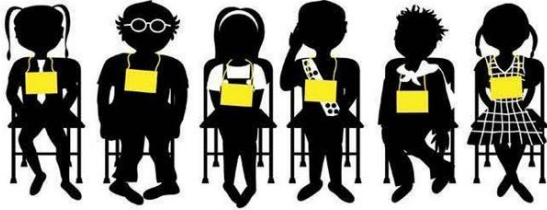
VALENTINE'S DAY



Grams on SALE

Attention 7th graders only:

Now is your chance to try out for the Spelling Bee. Pick up a list of words in I-27 and be at the tryouts Friday, February 22.



Did you know???

Jesse Owens was an American track and field athlete and four-time Olympic gold medalist in the 1936 Games. Owens specialized in the sprints and the long jump and was recognized in his lifetime as "perhaps the greatest and most famous athlete in track and field history"

