

# February

## Cope Middle School Weekly Bulletin

February 1<sup>st</sup> - 5<sup>th</sup> 2021

- **Monday** - 1,2,3
- **Tuesday** - 4,5,6 (0 Period/ 7<sup>th</sup> Period also meet)
- **Wednesday** - 1,2,3
- **Thursday** - 4,5,6 (0 Period/ 7<sup>th</sup> Period also meet)
- **Friday** - 1,2,3

**Attention Students and Staff:** This week is National School Counseling Week! The following quote from an unknown author provides a great description of our counselors: "A person's most useful asset is not a head full of knowledge, but a heart full of love, an ear ready to listen, and a hand willing to help others." Please take a moment to say, "Thank you," to our Cope counselors for all they do to support and guide students toward success. ~ Principal Lock

**Students and Staff-** It is National School Counseling Week check out all the things that your counselors have planned for the week.

- **Monday** - Cope's counselors want to remind you we are here for you! Stop by our virtual office hours or email us. We would love to hear from you!
- **Tuesday** - Cope's counselors will begin visiting PE classes. We can't wait to see you!

- **Wednesday** -Counselors will be randomly visiting Student Support Times on Wednesday afternoon. Attend SST and if a counselor pops in your class, your name will be entered into a drawing to win a gift card. There will be multiple winners!
- **Thursday**- Lunch with the Counselor's Day! Students in attendance will be placed in a raffle! Zoom links will be in Grade level google classrooms.
- **Friday** - Counselors will recognize the other people who support our office and our mission. We could not do it without others. Thank you to all of you who help us serve our Soaring Eagles! Winners of the drawings will be announced in next week's bulletin and in names will appear in Grade level Google classrooms.

**Students and Staff**- February is African-American History Month, a time when we annually celebrate the achievements of African-Americans and recognize their central role in U.S. history. Some of your teachers may be doing special lessons or activities throughout the month, and in the bulletin each week, we will include a quotation and information about some of these special people from history as well.

"All great achievements require time." ~ Maya Angelou, an American poet and actress

National African-American History Highlight: Did you know Lonnie Johnson invented the Super Soaker water gun while working for the U.S. Air Force? Lonnie is a famous African-American inventor, mathematician, and engineer who holds over 120 patents and worked on developing the stealth bomber.

**Students** -College Wear ThWednesday - Did you know every Wednesday (and Thursday because of the block schedule) are college wear days? Help support a Cope college-going mindset and wear a shirt representing your favorite college or university. Let's keep our eyes on the future and aim high for success!

**Students**- A new club has sprouted up — the Cope Conservation Club! If you are an aspiring wildlife-lover or conservationist, this club may be just the right place to be. Learn more about the critters that roam our planet and how to help them, and become an eco-friendly student. We will have our first meeting on Wednesday, February 10 at 3:30 to 4:15 on Zoom, and our teacher advisor is Ms. Tygart. You will need to fill out a 3-question form to join, which will be shortly posted in all the grade-level google classrooms. So, come on Eagles, join the Cope Conservation Club! Strive to help wildlife thrive!

**Staff, Students and Parents** - This month's ELAC meeting will be on Tuesday the 23<sup>rd</sup> at 6:00 PM. The meeting link can be found on the Cope Web Page under Calendar.

**Cope Eagles!** Join ASB in dining out at the Orange Street Chipotle on Wednesday, 2/3, from 4-8pm. You have two ordering options. One, you can order in the restaurant for takeout and let the staff know you are there for the Cope fundraiser. Two, you can order online for pickup using the code WCHWY6W. ASB will earn 33% back on purchases. ASB appreciates your support!

**ASB:** Valentine Grams are available. On your behalf, ASB will send your friends and/or teachers a Valentine's Day card. Visit your grade level Google Classroom page for the link to the Google Form. The form closes on Tuesday, 2/2 at 4pm. You may send up to three grams. Take time to brighten someone's day!

**Students:** Join ASB for a Movie Matinee! Next week, on Thursday, February 11th, starting at 3:30 pm, ASB will show Hidden Figures through Zoom. Watch the incredible story of three brilliant African-American women that were the brains behind a Nasa space launch. Both inspirational and entertaining, the film will not disappoint you. The movie is approximately 2 hours long. The link to join the movie party will be posted on the Grade-level Google Classrooms on the day of the event. We hope you will join us in watching this fantastic film.

**8th Grade Yearbook Ads:** Parents, would you like to honor your 8th grader in this year's Yearbook? Go to the Cope homepage for information about how to post an ad for your 8th grader. All submissions are due by Friday, March 5th at the latest, and there is a pricing incentive if you submit your ad and payment by Friday, February 12th.

**Yearbook** Sales are happening now! We are working on making a FANTASTIC book for everyone. Thank You to all the students who have sent in photos for the 2021 yearbook. Check your email for an email from the Yearbook kids to submit photos! Head on over to the Cope HOMEPAGE and click the link to buy your yearbook for \$45 today!

**8<sup>th</sup> Grade Students** Are you interested in being part of RHS's 21-22 StuGo program? StuGo is RHS's student government. The StuGo students plan events and activities for RHS students that support both the school and the surrounding community. Applications

are now available. Join the StuGo Google Classroom page by using the code xvdgjlk. The deadline to apply is March 12th.

**7th and 8th graders** You are now invited to apply to CJSF, the California Junior Scholarship Federation, our state's top honor society. If you have an excellent GPA and good citizenship, you might qualify! You can get the application at your Grade-Level Google Classroom, and the deadline to turn it in is February 12. Email adviser Ms. Donovan-Marlowe for questions.

[suzanne\\_donovan-marlowe@redlands.k12.ca.us](mailto:suzanne_donovan-marlowe@redlands.k12.ca.us)

**South Coast:** South Coast Community Services and the Student Assistance Program are offering Social /Emotional Coping Skills Groups for all Redlands K-12 students via zoom during these uncertain times. The groups are once a week for approx. 6 weeks. Groups run for 45 minutes and are held the last hour of the school day or after school.

Please contact your child's counselor if you are interested in having your child participate. Your counselor will connect you with the South Coast Community Service Group Facilitator, Nancy Gerdes.

Below is a link to the curriculum that will be covered in the groups

[Click here to view curriculum topics](#) (You can also look on the Website for list)