



# IE DRUG TESTING

The Redlands Unified Board of Education is excited to be able to again offer the **Free, Confidential, and Voluntary Student Drug Testing Program** to our **middle** and **high school students** as an additional tool to help parents hold their kids accountable and ensure their students have not become involved with illegal drugs.

For parents, random testing program can work as a deterrent. If students know there is a chance they could be randomly selected for drug testing, there is less of a chance they will start using drugs. If they are already using drugs, this may give them an additional reason to quit or at least help alert parents to a potential problem.

For students, a random testing program gives them an excuse and a way out when they are offered illegal drugs by their peers. Students can tell their friends "I can't, my parents put me in the random drug testing program."

For families, the introduction of this free, confidential, **non-punitive** program can help open a positive conversation between students and parents regarding the use of illegal drugs, alcohol, and the misuse of prescription drugs.

All students and their parents/guardians are asked to complete the RUSD Voluntary Student Drug Testing Program Registration Form to either enroll their student in, or exclude their student from the confidential monthly random testing.

The registration form also has a section for parents/guardians to indicate their choice of a secure method to receive results. Parents are also asked to create a password to ensure **private** phone discussions. Information regarding test results will only be released to parents/guardians, never the school, the district or any other person.

Parents/guardians can sign up their student directly on the IE Drug Testing website: [www.testmystudent.com](http://www.testmystudent.com). Enrollment forms can also be returned by the parent to the reception desk on campus and picked up by IE Drug Testing. IE Drug Testing will then enter the names of the students to be tested into a computer database.

Monthly random selections will be generated using a confidential random drug testing software program. Tests will be administered during the school day at a location each school site has designated for private urine specimen collection.

Negative test results will be delivered to the parent within 24 hours. Positive drug screens will be considered "non-negative" until the samples have been sent to an independent laboratory for confirmation. When complete, the final negative or positive result will be sent to the parent.

Parents/Guardians will have the opportunity to discuss positive drug test results with IE Drug Testing personnel. Referrals for counseling will be made available to parents/guardians. Discounted follow-up testing services will be made available to parents/guardians if they choose.

Medical Officer Review of positive results will also be available whereby a doctor will call the parent/guardian to confirm the student's prescribed medication did not cause the positive results. Redlands Unified will pay for this service, and there will be no cost to the parents/guardians.

If you have previously enrolled your son/daughter in the free, voluntary, and confidential drug testing program, you will not have to re-enroll for the 2017-2018 school year. The only exception will be if you have a 5<sup>th</sup> grade student entering middle school and are interested in your student participating in the program. If you no longer want your student to participate in the program please contact IE Drug Testing at (909) 481-3355.

*Forma en Español al reverso*



## Procedures/Protocols

1. Once students sign in, they must remain in the collection area until their test is completed.
2. At sign in, the students' identity will be verified using an official state, federal or school issued ID. Students that have an expired identification or have no identification can be identified by a designated staff member.
3. Before going into the restroom to provide a sample, students will be asked to empty the contents of their pockets to make sure they are not bringing anything into the restroom that could be used to contaminate, dilute or weaken the test. Baskets will be provided to hold these items until the test is completed.
4. Students wearing hats, jackets, sweatshirts or other bulky items will be asked to remove those items before going into the restroom.
5. Students will be given instructions on the amount of sample (urine) to be provided and the amount of time they have to give their sample. They will be told that any attempt to use a sink or flush a toilet will result in a parent contact.
6. Each sample will be examined to be certain it is consistent with human urine. A sample must have the proper temperature (90-100 degrees), color, appearance and smell. Samples determined to be inconsistent with human urine will result in the student receiving a failed test result.
7. Trying to cheat the test by attempting to substitute, contaminate, dilute or weaken a sample in any way will result in a parent contact.
8. Failure to cooperate with the testing process in any way such as refusing to follow instructions, failure to appear for testing, refusing to sign paperwork, disrupting the testing process, acting in a confrontational manner, or failure to remain in the collection area will result in a parent contact.
9. Diluted samples occur when the student drinks so much water before the test that their sample is too clear to accurately test. In these cases, the students will be given up to 1 hour to provide a valid sample. If they cannot complete the test, parents will be contacted.
10. Students that cannot urinate (shy bladder) or who fail to provide a sufficient amount of urine when directed, will be given a total of 1 hour to produce a sufficient sample and will be allowed to drink up to 40 oz of water. If a student still cannot produce a sample, parents will be contacted.
11. Test results will not be discussed with the student. Negative test results will be forwarded to the parent/guardian within 24 hours using the communication method chosen by the parent on the enrollment form (e-mail, phone, mail).
12. Samples that screen positive with the instant screening device will be sent to a certified lab for confirmation. Parents will be sent an informational result that states "requires further testing." At this time, the test should be considered "non-negative." Once the final results are received from the lab, (1-3 days) the parent/guardian will receive a final negative or positive result in detail.
13. The parent/guardian has the option to have positive test results undergo Medical Officer Review, whereby a doctor will call the parent/guardian to discuss any prescriptions their student may be taking that could have caused the positive result. The parent/guardian will be responsible for contacting IE Drug Testing to arrange for this service.



## Redlands Unified School District Voluntary Student Drug Testing Program Frequently Asked Questions

### **What about confidentiality?**

The results of the voluntary drug-testing program are completely confidential. This program is to help you and your student. Therefore, the Redlands Unified School District and its staff will not receive notification of your student's test results. IE Drug Testing will contact the parent directly by whichever method the parent has chosen on the sign-up form (e.g., e-mail, phone, mail).

### **Who will conduct the testing?**

IE Drug Testing, an outside agency, will administer the testing and the processing of all test results. By using IE Drug Testing, the School District will have no knowledge of any test results. The procedures IE Drug Testing uses are listed in the document "Procedures/Protocols," which is available on the RUSD website.

### **How will students be selected for testing?**

IE Drug Testing's database will randomly select students each month. Because a computer makes selection randomly, it is possible that your student will be tested more than once during the school year.

### **I didn't take advantage of the early enrollment – can I enroll later in the year?**

Yes. Enrollment forms will be available on the District website and at your high school. Forms can also be directly submitted to IE Drug Testing using their website at: [www.testmystudent.com](http://www.testmystudent.com)

### **Can a principal, teacher, coach, or other school employee select or send my child to be tested?**

No. School district personnel do not have the authority or the ability to send any student to be tested. IE Drug Testing's computer database randomly selects students from the list of sign-up forms from parents who have authorized their student to be tested.

### **Can my student be tested more than once?**

Yes. Every student in the program has an equal chance to be selected each month. The IE Drug Testing computer database randomly selects who will be tested from the entire list of students enrolled in the program. Even if a student has been tested previously, the computer could randomly select them again.

**Who will know the results of my student's test?**

Only you, the parent, and IE Drug Testing will know the test results. When you signed your student up, you were asked to create a password and selected how you wanted to be notified of the results (e.g., e-mail, telephone, mail). When IE Drug Testing contacts you, they will verify you are the parent via your password. Then, and only then, will they discuss the test results with you. The school and the district will not be contacted at any time regarding test results.

**I have a friend or neighbor who works in a local laboratory. Will they know the results of my student's test?**

No. If a test sample needs to have more detailed testing, an ID number will be assigned to each test and only the IE Drug Testing facilitator will know the actual identity of the student. The lab will never know the student's actual name.

**How is the urine tested?**

IE Drug Testing will use a "dip stick" for the initial test. If a drug is detected, the sample will be sent to the lab for a more detailed analysis.

**What drugs will be tested for?**

- Amphetamines (speed, uppers, crystal)
- Barbiturates (downers, sleepers)
- Benzodiazepines (Valium)
- Cocaine (snow, crack)
- Ecstasy
- Methadone
- Propoxyphene (Darvocet)
- Opiates (heroin, codeine, oxycotin)
- Phencyclidine (PCP, angel dust)
- Marijuana (THC, grass, pot)

**How long do certain drugs stay in a person's system?**

Amphetamine.....	3-5 days
Barbituates (except Phenobarbital.....	3-5 days
Phenobarbital.....	10-20 days
Cocaine.....	2-5 days
Opiates.....	2-4 days
Alcohol.....	1-2 days
Phencyclidine.....	7-10 days
Cannabinoids (Marijuiana).....	14-45 days

### **What does a “positive” drug test mean?**

A positive result for a drug test means that the individual providing the sample ingested or used a drug at some point in time prior to sample collection. There are several things that a positive result cannot tell us, including:

- The amount of drug ingested
- The exact time of ingestion
- The route or mode of ingestion (i.e., oral, snorting, intravenous injection, smoking, etc.)
- The frequency of ingestion
- The purity of drug ingested
- Whether ingestion was deliberate, accidental, unknowing, or legitimate.

### **What if my child refuses to submit to the test?**

If a student refuses or avoids taking the test, parents will be notified.

### **What if I have questions about the detailed lab analysis?**

An IE Drug Testing Medical Review Officer will be available to answer your questions. Any conversation between you and the IE Drug Testing representative will be strictly confidential. You will be given a complete printout of the lab results, and you can take them to your own health provider if you wish.

### **What will happen if my student tests positive for drugs?**

You will be contacted by IE Drug Testing and sent a follow-up letter. The letter will identify the drug for which your student tested positive and include information about that particular drug. Neither the school nor the District will be notified.

### **Where can I get information now on how to combat drug abuse?**

Please try these web sites:

#### General Guidance

[www.parentingisprevention.org](http://www.parentingisprevention.org)

[www.samhsa.gov](http://www.samhsa.gov)

[www.drugabuse.gov](http://www.drugabuse.gov)

#### Prevention

[www.health.org/links](http://www.health.org/links)

[www.afterschool.gov/cgi-ginh/home.pl](http://www.afterschool.gov/cgi-ginh/home.pl)

[www.ncadd.org](http://www.ncadd.org)

#### Getting Help:

[www.Findtreatment.samhsa.gov](http://www.Findtreatment.samhsa.gov)

Or call toll free: 1-800-729-6686



# Redlands Unified School District

## 2018-2019 School Year

### Voluntary Student Drug Testing Program Registration

**YES**

I would like to enroll my student in \_\_\_\_\_ School's **free, non-punitive, and confidential** Voluntary Drug Testing Program. I hereby authorize IE Drug Labs to collect urine specimens from my student for testing and to notify me of the results using one of the methods I have listed below.

I understand that this service will be provided by the Redlands Unified School District at no charge.

Additional information regarding the random testing program can be found on the District website at <https://www.redlandsusd.net/> under Departments, Student Services. Click on the Student Services link, drug testing information can be found under the Student Services: 'High School & Middle School Voluntary Drug Testing Program' link. You can also enroll your student directly on the IE Drug Testing website at [www.testmystudent.com](http://www.testmystudent.com).

If you have any questions about the testing process that are not answered on the District website, feel free to contact:

IE Drug Testing  
9300 Santa Anita Avenue, Suite 104  
Rancho Cucamonga, CA 91730  
909-481-3355

**(Parent and student signatures below indicate that we have read and agree to the terms listed.)**

**NO**

Thank you, I do not wish to enroll my student in \_\_\_\_\_ School's **free, non-punitive, and confidential** Voluntary Drug Testing Program at this time.

I understand I can enroll my student at any time by resubmitting this form or going to [www.testmystudent.com](http://www.testmystudent.com)

\_\_\_\_\_  
Student Name

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Grade

\_\_\_\_\_  
Parent/Guardian Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

Parent/Guardian Primary Phone Number: \_\_\_\_\_ Password: \_\_\_\_\_

(To protect your privacy, we will ask for your password before discussing results over the phone. Make the password something you can remember!)

**Method of Receiving Results:** *(Please Select Your Preferred Method of Test Result Delivery and Please Print Legibly)*

**By Email** Parent/Guardian Email Address: \_\_\_\_\_

**By U.S. Mail.** Home Address: \_\_\_\_\_

**Please return this form with your student's registration packet and/or to the main office reception desk. Thank you.**