

Athletic Clearance

Step by step on how to complete an online packet via the website: www.athleticclearance.com

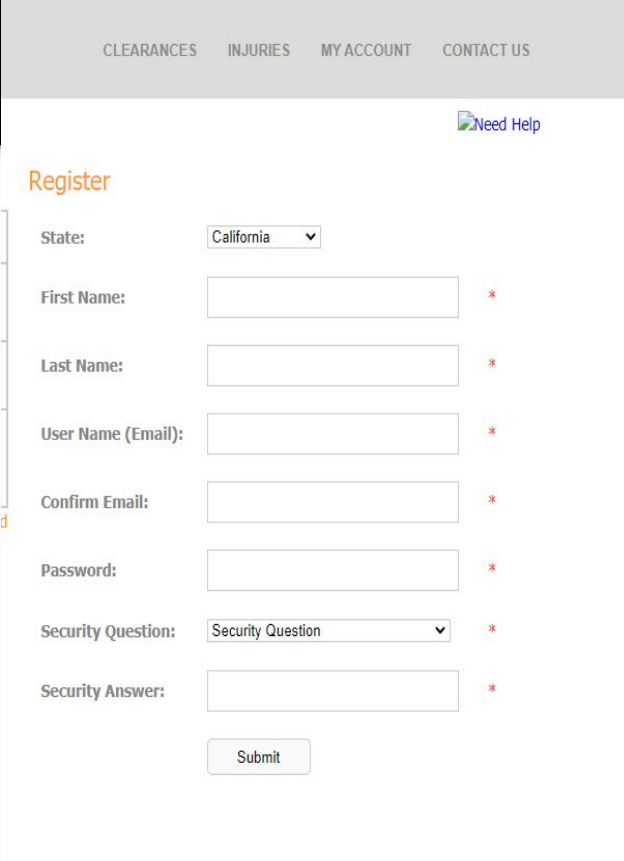
Creating a account

Middle school students need to have a parent create the account. DO NOT use your school email.

To complete registration you will need:

Student ID number (found on their school ID card)
(It is also the student RUSD Google password)

Student RUSD email address



The screenshot shows a registration form titled "Register" with a navigation bar at the top containing links for CLEARANCES, INJURIES, MY ACCOUNT, and CONTACT US. A "Need Help" link is also present. The form fields are as follows:

- State: California (dropdown menu)
- First Name: Text input field with a red asterisk (*) indicating a required field.
- Last Name: Text input field with a red asterisk (*) indicating a required field.
- User Name (Email): Text input field with a red asterisk (*) indicating a required field.
- Confirm Email: Text input field with a red asterisk (*) indicating a required field.
- Password: Text input field with a red asterisk (*) indicating a required field.
- Security Question: Security Question (dropdown menu) with a red asterisk (*) indicating a required field.
- Security Answer: Text input field with a red asterisk (*) indicating a required field.

A "Submit" button is located at the bottom right of the form.

Creating account (part 2)

Once you have created an account or logged into you previous account, You will want to click START CLEARANCE HERE

One account for all siblings. You will just click on start clearance button for each athlete. The example below shows last year's info. Same account is used EVERY year. A new online clearance is required for EVERY school year. If you are BRAND new, then all you will see is

START CLEARANCE HERE

Select Language | ▼ Crystal Regalado

ATHLETICCLEARANCE.COM INJURIES MY ACCOUNT CONTACT US SIGN OUT

[CLEARANCES](#)

Clearances

[Clearances](#)

Start Clearance Here!

Year	Sport	Student	School	Student Info	Uploads	Medical History	Parent/Guardian Info	Signature	Confirmation ?	Shop	Status ?	Delete
2018-19	Baseball	Tina Terrier	Redlands	Completed		Completed PRINT	Completed	Completed		View	Cleared	

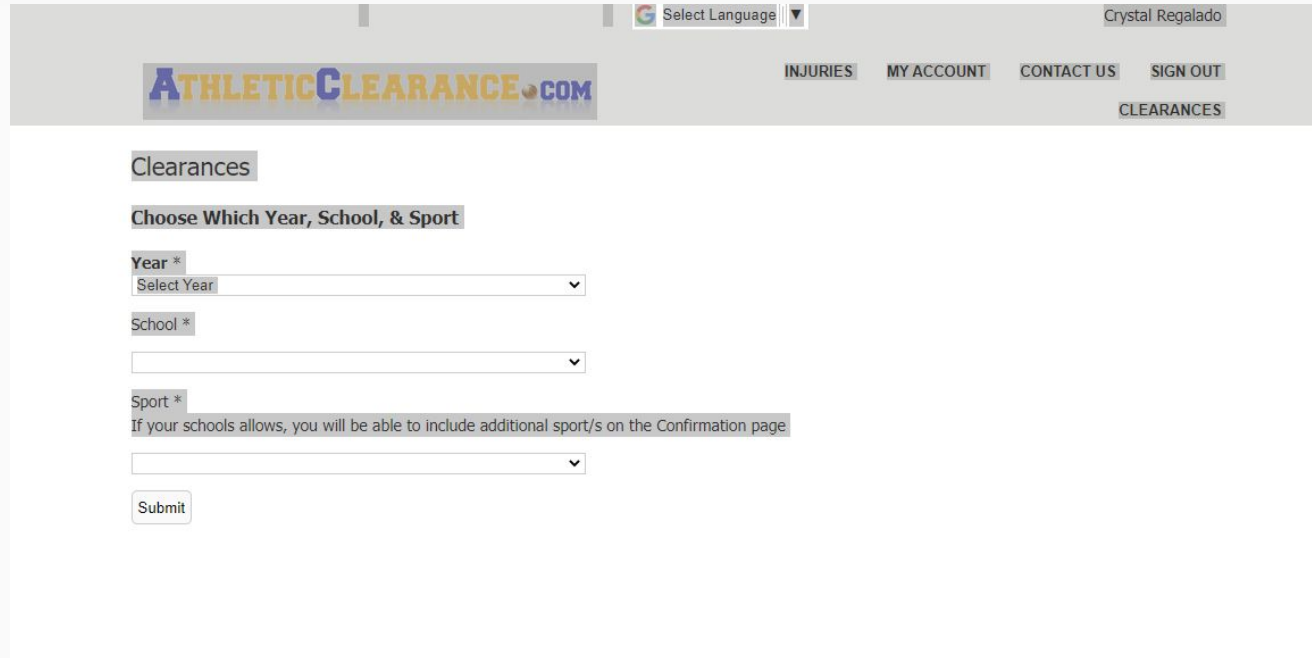
Creating account/starting clearance

Please make sure you choose the current school year.

School: (your MS site)

Select primary sport
(you will have the option to add other sports later)

Then click Submit



The screenshot shows the 'ATHLETICCLEARANCE.COM' website. At the top right, there is a 'Select Language' dropdown menu and a user name 'Crystal Regalado'. Below the logo, there are navigation links: 'INJURIES', 'MY ACCOUNT', 'CONTACT US', 'SIGN OUT', and 'CLEARANCES'. The main content area is titled 'Clearances' and contains a section 'Choose Which Year, School, & Sport'. This section has three dropdown menus: 'Year *' with 'Select Year' as the current selection, 'School *', and 'Sport *'. Below the 'Sport *' dropdown, there is a note: 'If your schools allows, you will be able to include additional sport/s on the Confirmation page'. At the bottom of the form is a 'Submit' button.

Step 1 (inputting student information)

Clearance For (Redlands, 2020-21, Traditional Competitive Cheer)

Step# 1 Student Info	Step# 2 Medical History	Step# 3 Parent/Guardian Info	Step# 4 Signatures	Step# 5 Donation
Working...	Incomplete	Incomplete	Incomplete	Optional

Step #1 - Student Information

Student already in the system?

Name Birthdate *

Select Month Day Year

First * Last *

Grade in 2020-21 * Gender *

Student Id Student Email * Student Cell * Cell Carrier (Ex: AT&T, Verizon)

Student Home Address * Student Home Phone *

City State

Enter student information. You will scroll down to the bottom to save and continue.

You will need:

Student ID Number

Student RUSD email address

If your student does not have a cell phone, please enter parent number

Step 1 continued: (uploading Physical document)

Clearance For (Redlands, 2020-21, Traditional Competitive Cheer)

Step# 1 Student Info	Step# 2 Medical History	Step# 3 Parent/Guardian Info	Step# 4 Signatures	Step# 5 Donation
Working...	Incomplete	Incomplete	Incomplete	Optional

Step #1 - Student Information - Physical Uploads

Tips for
Combining Documents

[Download Your School's Physical Form Here](#)

Physical
Exp.
Date

Upload Physical Form:

Choose File No File Chosen

Choose File No File Chosen

Choose File No File Chosen

Additional Form:

Choose File No File Chosen

Proof of Insurance:

Choose File No File Chosen

Max file size:20MB

Here is where you have the option to upload a PDF file of your current physical from your students doctor.

Please make sure physical is signed and stamped/dated and students name written at top.

If you do not yet have a completed physical, please click SAVE and move on.

Column 2 (cont.) medical history questions

Clearance For (Redlands, 2020-21, Traditional Competitive Cheer)

Step# 1 Student Info	Step# 2 Medical History	Step# 3 Parent/Guardian Info	Step# 4 Signatures	Step# 5 Donation
Completed	Working...	Incomplete	Incomplete	Optional

Step #2 - Medical History

Do you have or have ever had any of the following:

- Allergies (drug, food, insects, etc) Yes No
- Asthma Yes No
- Headaches or Migraines Yes No
- Unconsciousness or blackouts Yes No
- Concussion or Head Injury Yes No
- Dizziness or fainting spells Yes No
- Muscle cramps Yes No
- Sickle Cell Trait Yes No

Be sure to answer all questions in this section.

Click save and continue at the very bottom.

Step 3 (Parent/Guardian info/Insurance etc)

Clearance For (Redlands, 2020-21, Traditional Competitive Cheer)

Step# 1 Student Info	Step# 2 Medical History	Step# 3 Parent/Guardian Info	Step# 4 Signatures	Step# 5 Donation
Completed	Completed	Working...	Incomplete	Optional

Step #3 - Parent/Guardian Information

Parent/Guardian already in the system?

Select Parent/Guardian

Parent/Guardian #1 Name *

N/A

First

Last

Parent/Guardian #1 Business Number *

Parent/Guardian #1 Mobile Number *

Parent/Guardian #1 Email *

Parent/Guardian #2 Name *

N/A

You will fill out each section with the information needed.

Medical insurance is required to participate.

Electronic Signatures

CLEARANCES

Clearance For (Redlands, 2020-21, Traditional Competitive Cheer)

Step# 1 Student Info	Step# 2 Medical History	Step# 3 Parent/Guardian Info	Step# 4 Signatures	Step# 5 Donation
Completed	Completed	Completed	Working...	Optional

Step #4 - Signatures

Please sign correct electronic signature. NOTE: Parent/Guardian signatures first, followed by Student signatures. Please sign full name.

Parent/Guardian Signature

Parent Signature (Online) *

Please Sign Correct Signature

Statement of Consent

I hereby give my consent for the above named student to compete in athletics. I authorize the student to go with and be supervised by a representative of the school on any trips. In case this student becomes ill or is injured, you are authorized to have the student treated and I authorized the medical agency to render treatment. I consent to any x-ray examination, anesthetic, medical, or surgical diagnosis or treatment and hospital care which is deemed advisable by, and is to be rendered under, the general or special supervision of any physician and surgeon licensed under the provisions of the Medical Practice Act on the medical staff of any accredited hospital, whether such diagnosis or treatment is rendered at the

Parent Signature (Online) *

Please Sign Correct Signature

Concussion Information Sheet

Why am I getting this information sheet?

You are receiving this information sheet about concussions because of California state law AB 25 (effective January 1, 2012), now Education Code § 49475:

Download Form: [Concussion Information Sheet](#)

Parent Signature (Online) *

Sudden Cardiac Arrest Information Sheet

This section you will read what you are electronically signing.

The first part will be the parent name and the second part will be the student name.

Confirmation page/select other sports if interested

Redlands

Section: CIF-SS
Address: 840 East Citrus Avenue, Redlands CA 92373
Phone: (909)307-5500-3111



[Back To Clearances](#)

You have successfully completed the registration for "Tina Terrier" to play Traditional Competitive Cheer for Redlands.

Dear Crystal Regalado,

This message is to let you know Tina Terrier has started the Athletic Clearance process to participate in Traditional Competitive Cheer for Redlands.

This process requires parent and student signatures in agreement of the consent to participate. Please read, sign and return to the Athletic office along with your completed physical form. Please remember that you are not cleared at this point. You must complete this one paper copy step before we can clear you.

Thank You,
Redlands

Athletic Department

I hereby give my consent for Tina Terrier, hereafter named student, to compete in athletics. I authorize the student to go with and be supervised by a representative of the school on any trips. In case this student becomes ill or is injured, you are authorized to have the student treated and I authorized the medical agency to render treatment. I consent to any x-ray examination, anesthetic, medical, or surgical diagnosis or treatment and hospital care which is deemed advisable by, and is to be rendered under the general or special supervision of any physician and surgeon licensed under the provisions of the Medical Practice Act on the medical staff of any accredited hospital, whether such diagnosis or treatment is rendered at the office of said physician or said hospital it is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required, but is given to provide authority and power on the part of the school representative to give specific consent to any and all such diagnosis, treatment or hospital care which the aforementioned physician in the exercise of his/her best judgment may deem advisable. This authorization shall remain effective until the end of the school year unless sooner revoked in writing and delivered to the school.

Parent Signature _____

Student Signature _____

Date _____

[Print Friendly Page](#)

Would you like to apply this Clearance to additional sports/activities?

- Badminton Baseball Basketball, Boys Basketball, Girls
 Cross Country, Boys Cross Country, Girls Football (11 man) Golf, Boys

This page is your confirmation that you have completed the online process. Before submitting, select any other sports you intend to try out for the school year indicated. You will only need to fill out packet once per school year for all sports.

give specific consent to any and all such diagnosis, treatment or hospital care which the aforementioned physician in the exercise of his/her best judgment may deem advisable. This authorization shall remain effective until the end of the school year unless sooner revoked in writing and delivered to the school.

Parent Signature _____

Student Signature _____

Date _____

[Print Friendly Page](#)

Would you like to apply this Clearance to additional sports/activities?

- Badminton Baseball Basketball, Boys Basketball, Girls
 Cross Country, Boys Cross Country, Girls Football (11 man) Golf, Boys
 Golf, Girls Soccer, Boys Soccer, Girls Softball
 Swimming & Diving, Boys Swimming & Diving, Girls Tennis, Boys Tennis, Girls
 Track & Field, Boys Track & Field, Girls Volleyball, Boys Volleyball, Girls
 Water Polo, Boys Water Polo, Girls Wrestling Wrestling, Girls

I, the parent guardian of the student, acknowledge that my electric signatures will be applied to all additional clearances. *

Completed packet

Select Language | ▼

Crystal Regalado

ATHLETICCLEARANCE.COM

INJURIES

MY ACCOUNT

CONTACT US

SIGN OUT

CLEARANCES

Clearances

Clearances

Start Clearance Here!

Clearance applied to additional sports/activities successfully!

Year	Sport	Student	School	Student Info	Uploads	Medical History	Parent/Guardian Info	Signature	Confirmation	Shop	Status	Delete
2018-19	Baseball	Tina Terrier	Redlands	Completed		Completed PRINT	Completed	Completed		View	 Cleared	
2020-21	Traditional Competitive Cheer	Tina Terrier	Redlands	Completed		Completed PRINT	Completed	Completed	View	View	Uncleared	
2020-21	Cross Country, Girls	Tina Terrier	Redlands	Completed		Completed PRINT	Completed	Completed	View	View	Uncleared	
2020-21	Soccer, Girls	Tina Terrier	Redlands	Completed		Completed PRINT	Completed	Completed	View	View	Uncleared	

As long as you have completed each section, it will show “Completed” in each column. If you selected multiple sports you will see each sport listed.

Status will change once you notify your school office that you need your clearance card for tryouts.

Picking up clearance card

After you have completed the online process and provided a current physical from a doctor, you may contact the school office to complete the process. We will verify on our end and give a clearance card to the athlete and/or coach.

For questions, please contact your school office.