

Citrus Valley Spiritleader Tryout Information

2023-2024 Season



BLACKHAWKS

Head Coach/Advisor: Sydney Shreve

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Song Coach: Angelina Beltran

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Junior Varsity Cheer Coach: Makayla Sevick

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All Participants

The coaching staff is attempting to build a spirit program that exemplifies a positive and encouraging atmosphere. We are a competitive sport and expect humble yet confident attitudes. Attitudes during tryout clinics will be taken into consideration. While this is a new season, last quarter grades will be considered during the tryout process. While two sport athletes are encouraged, cheer/song/mascot practices and events must come first. This goes for outside commitments as well i.e. studio and allstar. We hold our spiritleaders to a high standard and expect they put their best selves forward in and out of uniform.

Tryout Paperwork Checklist

- Tryout Application
 - Team selection
 - Parent Agreement/Media release
 - Personal Information
 - Counselor signature
 - Finance Office signature
- Athletic packet and physical
- Absence Agreement
- Financial Obligation Agreement
- Spiritleader Handbook Agreement

Team Descriptions

CHEER: Cheerleaders are responsible for cheering at sporting events, rallies, community events and competitions. Their emphasis is on crowdleading by performance. This includes use of props, chants/cheers, stunting, and tumbling. It is important to demonstrate each with confidence and correct technique. Competition cheer teams will be selected based on technique and performance at a later date.

If you are trying out for cheer, you are expected to compete. While sideline and competition teams may differ, you are to do both. Opting out of competition cheer means removal from sideline as well.

- **Junior Varsity Cheer:** 9th - 11th graders
- **Varsity Cheer:** 10th - 12th graders

MASCOT: Mascots are responsible for performing at sporting and community events as well as rallies. If the candidate decides to compete, they need to attend a mascot camp in order to be considered eligible. In order to be considered for mascot they will need to come to Fridays tryout clinic with a prepared routine.

- Open to all grades
- Maximum of two will be selected

SONG: Songleaders are responsible for cheering at sporting and community events. They are also responsible for performing dances that use intermediate to advanced dance technique. Songies are required to attend and compete at all competitions that begin in November and continue through February. Concurrent formal dance training is not required but encouraged. *Varsity Sideline and Competition team are one. You cannot do one without doing the other.*

- **Junior Varsity Song:** 9th - 12th graders
- **Varsity Song:** 9th - 12th graders

Tryout Schedule:

All Clinics

- Check ins 3:45-4:00
- Coaches introductions/Housekeeping 4:00 - 4:10

- Warm ups 4:10-4:30
- Material 4:30-6:15
- Closing/Clean up 6:15-6:15
- Closing/clean up 6:15-6:30

Tryout Day

- Check ins: 7:30-8:00
- Tryouts: 8:00 - 12:00

Team placements will be posted as soon as decided

Tryout Process

CHEER

Every participant will be placed in a group of 4 and asked to demonstrate each of the following:

- ★ Cheer
- ★ Dance
- ★ Fight Song
- ★ Jumps
- ★ Tumbling*

All things being judged on will be taught during the tryout clinics aside from tumbling*.

While tumbling is not required, it is highly encouraged and will be included on the scoresheet. Mock Cheerleading scoresheets are attached.

VARSITY CHEER(*Sideline*) candidates must have an advanced understanding of the required material and technique. Candidates are expected to demonstrate a jump sequence of at least two jumps of their choice. While tumbling is not required, it will increase chances of VARSITY placement.

JUNIOR VARSITY CHEER(*Sideline*) candidates must have a basic understanding of required material and technique. Candidates are expected to demonstrate at least one jump (Toe Touch) but are encouraged to show a jump sequence of their choice. Tumbling is not required but is encouraged.

Judges are selected by the coaching staff and uphold the same expectations. Teams will be split on an even break. Coaches make final decisions regarding team placement.

What to Wear

During clinics, all candidates are asked to wear whatever athletic attire is comfortable. Please keep in mind that the expectation is always Game Day ready. This means all hair pulled out of the face (including bangs), appropriately fitting clothes and natural makeup. On tryout day, everyone must be in a plain white top and black shorts.

A bow/ribbon is not required but is highly recommended. RETURNERS: NO CVHS spirit wear from previous years. If these expectations aren't meant without an easy fix, they will be asked to leave the clinic.

What to Expect/is Expected

All coaches expect each candidate to come in open minded and ready to learn. There is not a set size on any team. Teams will be based on skill and technique suggested by the even break. Veterans of the program will be running the clinics. At clinics, you will be taught all the material that you'll be judged on, aside from tumbling. This includes three cheers (offense, defense, neutral), a dance, the fight song, and technique to demonstrate a proper jump/jump sequence. There will be a lot of information at a fast pace, you are expected to know and understand all material given. You are not allowed to record any material performed by a vet or enlist help from a vet outside of clinics. You may record another candidate at your own discretion. Veterans are there answer any questions a candidate might have. During clinics, coaches will be roaming, assessing each candidate, and answering any questions the vets are unable to. Try out day, they will be given their number. Each Candidate group will be called in individually to demonstrate material. After their tryout, they are excused. If a candidate is in a later group, please bring snacks to hold over. NO ordering of food will be allowed.

MASCOT

Candidates will have to create props and a routine on their own time, but will get the chance to perform for a coach before tryouts for feedback. Mock mascot scoresheets are attached.

Mascot candidates are only required to attend the Friday 5/12 clinic. If a candidate wants to come to all, that is up to them. It'll have no effect on scores.

What to Wear

During clinics and tryouts, we suggest wearing fitted athletic clothes. Candidates will each have the opportunity to wear the suit before/during the tryout. We suggest wearing shorts and tshirts due to the layers given by wearing the suit.

What to Expect/is Expected

Mascots are expected to have the utmost charisma at all times in the suit EVEN during tryouts. Mascot candidates at clinics will be given the opportunity to perform their skit in front of the coaches and receive feedback. They will be able to ask questions and receive tips from all vets and coaches during the Friday clinic. On Tryout day, mascot candidates will be called in individually to perform their skit and be judged. After their tryout they are excused.

SONG

Every participant will be placed in a group of 4 and asked to demonstrate each of the following:

- ★ Jazz
- ★ Pom
- ★ Sideline
- ★ Improve
- ★ Cheer

All material judged on will be taught at the tryout clinics.

VARSAITY SONG (*Sideline*) candidates are expected to have an advanced understanding of all material given. Advanced technique and proper execution is necessary to be selected for this team.

JUNIOR VARSITY(*Sideline*) candidates are expected to have a basic understanding of all material given. Being coachable and having a positive attitude is a huge determining factor in the selection of this team.

What to Wear

During clinics and tryouts, we ask that you wear all black athletic attire. Like cheerleading, the expectation is always game day ready when it comes to appearance. This means hair cleanly pulled out of your face, appropriate fitting clothing, and light to medium natural makeup. RETURNERS: NO CVHS spirit wear from previous years. If these expectations aren't meant without an easy fix, they will be asked to leave the clinic.

What to Expect/is Expected

All coaches expect each candidate to come in open minded and ready to learn. There is not a set size on any team. Teams will be based on skill and technique suggested by the even break. There will be a lot of information at a fast pace, you are expected to know and understand all material given. Candidates will be divided into groups for the tryout. If a candidate is in a later group, please bring snacks to hold over. NO ordering of food will be allowed.

Tryout Application

completed by spiritleader candidate

Name: _____

Current Grade: _____

I, _____, want to try out for the CVHS Spirit Program. I have read and understand all requirements for the team. If I am selected, I promise to uphold all values and abide by all rules listed in the CVHS Spirit handbook. If selected, I understand which team I'm placed on in my best interest.

Team trying out for (check all that apply):

**if scores and selected teams don't coincide, the spiritleader will not be placed on a team*

Junior Varsity Cheerleading

Varsity Cheerleading

Junior Varsity Song

Varsity Song

Mascot

Please list any experience if applicable:

Spiritleader Candidate Print Name

Spiritleader Candidate Signature

Date

To be completed by Parent/Guardian:

I give full permission to my student to try out for the CVHS Spiritleader program. I have read the tryout information packet and understand the expectations and requirements necessary to be selected for this program. I have gone over said requirements and expectations with my student, ensuring their understanding as well. I understand that my student is not entitled to a position on any team within the CVHS Spirit Program. If selected, I understand the team my student has been placed on is for their best interest. I agree to only encourage and support my student, as well as the CVHS Spirit Program, regardless of placement.

Spiritleader Candidate Print Name

Parent/Guardian Print Name

Parent/Guardian Signature

Date

Personal Information:

Current School: _____

Current Grade: _____

Home Address: _____

Name of Parent/Guardian #1: _____

Phone number: _____ [] Cell phone [] Landline

Email Address: _____

Relationship to Minor: _____

Name of Parent/Guardian #2: _____

Phone number: _____ [] Cell phone [] Landline

Email Address: _____

Relationship to Minor: _____

Photo/Media Release:

I, _____, grant Citrus Valley High School’s Spirit Program and the Blackhawk Spirit Booster Club the right to take photographs of me, my child and my property. I agree that Citrus Valley High School’s Spirit Program and the Blackhawk Spirit Booster Club may use such photographs of me with or without my name and for any lawful purpose, including such purposes as publicity, illustration, advertising, Web content, youtube, instagram, and facebook for Spirit Program purposes only.

Parent or Guardian Signature

Date

Please have completed by your counselor:

I (Agree/Disagree) that _____ is an upstanding student. By agreeing to this, said student has an immaculate record, is in good academic standing and is believed to be an outstanding addition to the CVHS Spirit Program. By disagreeing, said student either has blemishes on record and/or is not in good academic standing. By disagreeing, it is not believed that said student will not make a great addition to the CVHS Spirit Program. *Please attach any necessary documents if disagree i.e. suspensions, GPA, etc.*

School

Current GPA

Counselor’s Signature

Date

Please have completed by your Financial Office:

This student does not have any holds/debts on their financial account.

School

Finance office’s Signature

Date

Important Dates

Tryout Clinics: May 10th-12th 4-6:30 PM

Tryout Day: May 13th 8 AM

Uniform/Spiritwear Fittings: May 16th, 3:30 PM *CHEER*

Blackhawk Week: June 12th-16th

DEAD PERIOD: June 21th - July 5th

USA Summer Camp: July 24th-27th

Varsity Song: TBD

Junior Varsity Choreo: August 12th

Varsity Choreo: August 13th

Fight Song Choreo: September 16th

CIF-SS Competition: January 21th, 2024

USA Spirit Nationals: February 16th-18th 2024

Listed above are all important dates for this upcoming season. The ones in **bold** are MANDATORY dates and your spiritleader will be penalized if they do not attend. While we hold the expectation all practice/event dates are mandatory, we will not make any exceptions to members on those dates. The *DEAD PERIOD* is two weeks of summer we are unable to practice, we will resume practice July 6th. Please plan all vacation time during this break.

USA Spirit Camp:

While the USA Spirit camp is not required, it is HIGHLY HIGHLY recommended. At this camp, the team learns many valuable skills, routines, and cheers as well as create a bond that sets up the team dynamic for the rest of the season. If someone does not attend, it is their responsibility to know everything taught at the camp by the following practice.

Varsity Choreo:

Will make exceptions to religious commitments.

Financial Obligation/Commitment

Attached below is an estimated breakdown. *All prices/equipment are subject to change.* If one is unable to pay out of pocket, there are enough fundraising opportunities to cover costs. **Uniform, Spiritwear, and Camp are not able to be paid through fundraising.**

APPROXIMATE AMOUNT (per team)		
CHEER SIDELINE ESSENTIALS		
SPIRITWEAR	3 TOPS, 4 BOTTOMS, JERSEY, BACKPACK	\$400
UNIFORM <small>*THOUGH VARSITY BRAND*</small>	SHELL, SKIRT, LINER (2), SPANKS, WARM UPS, SHOES, POMS, RIBBON	\$986
UNIFORM ADDITIONS	BOW (2)	\$51
	SOCKS (NIKE CREW)	\$25
	SCRUNCHIES (BLACK, GOLD, WHITE, 2 EACH)	\$12
CAMP	WESTIN RANCHO MIRAGE RESORT AND SPA (July 24-27)	\$552
EXTRAS	BLACK WATER BOTTLE (preferably hydroflask, NO STANLEYS)	\$50
	Cheer Box (Varsity only, optional)	\$200
TOTAL		\$2276
COMPETITION CHEER ESSENTIALS		
UNIFORM	SHELL	\$242
	BOW	\$20
	LIPSTICK	\$15
	COMP WEAR	\$150
	NATIONALS ATTIRE	\$100
	COMP FEES (Including Fight Song) *based off our last year*	\$280
TOTAL		\$807

SONG SIDELINE ESSENTIALS		
SPIRITWEAR	3 TOPS, 4 BOTTOMS, JERSEY, BACKPACK	\$400
UNIFORM <small>*THOUGH VARSITY BRAND*</small>	GAME DAY DRESS, POMS, CHEER SHOES	\$250
UNIFORM ADDITIONS	BOW (2)	\$51
	WHITE POMS	\$20
CAMP	WESTIN RANCHO MIRAGE RESORT AND SPA (July 24-27)	\$552
EXTRAS	PLAIN BLACK WATER BOTTLE (preferably Hydroflask, NO STANLEYS)	\$50
	Cheer Box (Varsity only, optional)	\$200
TOTAL		\$1523
COMPETITION SONG/POM ESSENTIALS		
UNIFORM	COMPETITION UNIFORM	\$400
	BOW	\$20
	JAZZ SHOES	\$30
	PERFORMANCE POMS	\$20
	COMP WEAR	\$150
	NATIONALS ATTIRE	\$100
	COMPETITION FEES	\$280
TOTAL		\$1000

MASCOT SIDELINE ESSENTIALS		
SPIRITWEAR	3 TOPS, 4 BOTTOMS, JERSEY, BACKPACK	\$400
UNIFORM ADDITIONS	SOCKS (NIKE CREW)	\$25
EXTRAS	BLACK WATER BOTTLE (preferably hydroflask, NO STANLEYS)	\$50
TOTAL		\$810
COMPETITION MASCOT ESSENTIALS		
CAMP	TBD	TBD
UNIFORM	COMP WEAR	\$150
	NATIONALS ATTIRE	\$100
	COMP FEES (Including Fight Song) *based off our last year*	\$280
TOTAL		\$530

Financial Obligation Agreement

I am the parent/guardian financially responsible for _____ hereinafter referred to as "my child." Please review the options for uniform and camp costs and initial the box for each.

UNIFORM

1. I understand that once my child's uniform is ordered, I am responsible for paying the full amount of the uniform, whether my child remains an active member of the spirit program or not.
2. I understand payments must be made according to the given schedule. They can be paid off early if desired.
3. I understand that my child will be indebted to the school if the payment schedule is not followed. This may keep your child from attending other school functions (i.e. dances, purchasing yearbooks, etc.)
4. My student needs a school issued uniform. I understand that a school issued uniform is owned by the school and no alterations can be made to it. Uniform must be returned in the condition it was given. If not, I understand I am responsible for replacing the uniform at current cost.

CAMP

USA Spirit Camp is July 24-27th at the Westin Rancho Mirage Resort and Spa. Spiritleaders will spend the night in hotels already reserved for them.

**Please be aware that if your child does not attend camp, they will be missing out on vital training, bonding with teammates and possible routines that will be used throughout the year. It will be the Spirit Leaders responsibility to learn any routines or skills before they are performed.*

My child will be attending camp and I will be responsible for paying for that experience.

My child will not be attending camp due to other reasons. Please include dates if a previously scheduled vacation is your reason. _____

Spiritleader Candidate Print Name

Spiritleader Candidate Signature Date

Parent/Guardian Print Name

Parent/Guardian Signature Date

MOCK Cheerleading Scoresheet

Candidate #: _____

Team(s) Desired: Junior Var Varsity

First Impression: _____ (5 pts)

Comment:

- Smiles
- Confidence
- Game Day Appearance
- Bow/Ribbon

Jump: _____ (10 pts)

- Execution
- Height
- Confidence

Cheer: _____ (15 pts)

- Appropriate cheer
- Motion placement
- Execution
- Confidence
- Game Day ready

Fight Song: _____ (15 pts)

- Motion placement
- Execution
- Confidence
- Performance ready

Dance: _____ (15 pts)

- Motion placement
- Execution
- Confidence
- Performance ready

Tumbling: _____ (5 pts)

- Standing only/running only (3 pts)
- Both (5 pts)
- Technique

Overall Impression: _____ (10 pts)

- Confidence/Potential
- Knowledge of material
- Game Day/Performance Ready

Recommended Team: Junior Varsity

Varsity

Total: _____/75

Judges Initials: _____

MOCK Mascot Scoresheet

CANDIDATE # _____

Spirit and Enthusiasm (0- 20 pts) _____

Creativity (0-25 pts) _____

Use of Props (0- 5 pts) _____

Execution (0-15 pts) _____

TOTAL POINTS _____/65

JUDGE INITIAL _____

Mock Song Scoresheets

First Impression: _____ (5 pts)

Comments:

- Smiles
- Confidence
- Game Day Appearance
- Bow/Ribbon

Jazz: _____ (15 pts)

- Technique
- Execution
- Confidence

Pom: _____ (15 pts)

- Motion placement
- Execution
- Confidence
- Competition ready

Sideline: _____ (10 pts)

- Motion placement
- Execution
- Confidence
- Game Day ready

Improve: _____ (15 pts)

- Difficulty of Technique
- Execution
- Confidence

Cheer: _____ (5 pts)

- Placement of Motions
- Confidence/Execution

Overall Impression: _____ (10 pts)

- Confidence/Potential
- Knowledge of material
- Game Day/Performance Ready

Recommended Team: Junior Varsity

Varsity

Total: _____/75

Judges Initials: _____