



"I have learned just to be in the moment more and not overthink so much."
-High School student

"I have managed to make so many friends here. I never thought it could be this easy. Thank you."
-Middle School student



Groups and Workshops Schedule

Date/Time	Outreach Event: Drop In	Zoom Information:
Friday 3:00-4:00pm	Teen Leadership Workshops (15-17yrs old) ✓ Healthy Relationships ✓ Grief and Loss ✓ How to Safely Manage Social Media ✓ Healthy Boundaries ✓ Adulthood ✓ Coping Skills ✓ Conflict Management ✓ Resiliency	Join Zoom Meeting: https://zoom.us/j/99089678486 Meeting ID: 990 8967 8486

LOOKING TO REGISTER?
See: Registration Steps

Groups Start Feb. 1, 2021

"I love group because we get to do icebreakers and games."
- Elementary Student

Question or Concerns Please Call Nancy Gerdes (909) 471-9766



Behavioral Health

Date of the Week/Time	Group Name/Curriculum (See below chart)	Registration Steps:
Monday 2-3 pm	Elementary Coping/Social Skills Group (1 st -3 rd Grade) Curriculum: Jellybean Jamboree	Step 1: Contact Your School Counselor to begin the Group Enrollment Process. Step 2: Facilitator will make contact with parent and send the Registration Form. Step 3: Begin Group on Assigned Date and Time.
Monday 3-4 pm	Middle School Boys Coping/Social Skills Group (6 th -8 th) Curriculum: Resilience Builder Program	Step 1: Contact Your School Counselor to begin the Group Enrollment Process. Step 2: Facilitator will make contact with parent and send the Registration Form. Step 3: Begin Group on Assigned Date and Time.
Tuesday 2-3 pm	High School Coping/Social Skills Group Curriculum: Living w/ Feelings	Step 1: Contact Your School Counselor to begin the Group Enrollment Process. Step 2: Facilitator will make contact with parent and send the Registration Form. Step 3: Begin Group on Assigned Date and Time.
Tuesday 3-4 pm	Middle School Girls Coping/Social Skills Curriculum: Girl in Real Life Situations	Step 1: Contact Your School Counselor to begin the Group Enrollment Process. Step 2: Facilitator will make contact with parent and send the Registration Form. Step 3: Begin Group on Assigned Date and Time.
Tuesday 4-5 pm	Elementary 4 th & 5 th /Middle School Sharing & Healing Group Curriculum: Grieving, Sharing & Healing	Step 1: Contact Your School Counselor to begin the Group Enrollment Process. Step 2: Facilitator will make contact with parent and send the Registration Form. Step 3: Begin Group on Assigned Date and Time.
Wednesday 2-3 pm	Elementary School Coping/Social Skills Group Curriculum: Resilience Builder Program	Step 1: Contact Your School Counselor to begin the Group Enrollment Process. Step 2: Facilitator will make contact with parent and send the Registration Form. Step 3: Begin Group on Assigned Date and Time.
Wednesday 3-4 pm	Middle School Boys Coping/Social Skills Group Curriculum: Resilience Builder Program	Step 1: Contact Your School Counselor to begin the Group Enrollment Process. Step 2: Facilitator will make contact with parent and send the Registration Form. Step 3: Begin Group on Assigned Date and Time.
Thursday 2-3 pm	High School Coping/Social Skills Group Curriculum: Living w/ Feelings	Step 1: Contact Your School Counselor to begin the Group Enrollment Process. Step 2: Facilitator will make contact with parent and send the Registration Form. Step 3: Begin Group on Assigned Date and Time.
Thursday 3-4 pm	Middle School Girls Coping/Social Skills Group Curriculum: Girls in Real Life Situation	Step 1: Contact Your School Counselor to begin the Group Enrollment Process. Step 2: Facilitator will make contact with parent and send the Registration Form. Step 3: Begin Group on Assigned Date and Time.

"Hey, I don't know about everyone else, but I honestly feel like I got close to you all. We should all share our social media accounts. I don't want to lose touch."
-High School student

"I am shocked to see how much improvement our students have had after group services. I also seen a huge difference in parents. I have been used to getting multiple calls a week from them worrying about their son/daughter and not knowing what to do anymore to help them. Now, I have not received calls about their concerns. Thank you all for servicing our students. It is amazing what group services can do."
- High School Counselor

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