



COPE MIDDLE SCHOOL

AFTER SCHOOL SPORTS

Dr. Stephanie Lock, *Principal*

Mr. Chris Ruhm, *Assistant Principal* Mrs. Robin Gonzales, *Assistant Principal*

5-28-21

Parents,

Cope Middle School is excited to announce the return of the Redlands Student Connections League, (After School Sports). We will be having four seasons, one each quarter. There will be one boys' team and one girls' team for each season. Each team will consist of all three grade levels.

Volleyball 1st quarter (August 8—October 8) If you are interested in playing volleyball, please click here to sign up to get more information from the coaches.

<https://forms.gle/XjPFdkDZ8t1Lr8rR7>

Coaches:

Girls—Taylor Griner: Taylor_Griner@redlands.k12.ca.us

Kelcie Fogleman: Kelcie_Fogleman@redlands.k12.ca.us

Boys—Robert Foster: Robert_J_Foster@redlands.k12.ca.us

Softball 2nd quarter (October 11—December 17)

Soccer 3rd quarter (January 10—March 18)

Basketball 4th quarter (April 4—June 9)

In order to participate in try outs for any of these sports, you must have the following three things:

1—Complete the on line athletic clearance packet, located here: AthleticClearance.com

2—Have a current physical from your doctor, signed with the doctor's office stamp on it.

Link to physical form:

<https://drive.google.com/file/d/1AUWpvOvYYLrLNiLaD46Cn6lK30223wh/view?usp=sharing>

3—Have a 2.0 GPA.

This link will give you an explanation for the clearance packets:

<https://drive.google.com/file/d/161wIiR7t0neJa5xSzqKjcv27pw-nrRS8/view?usp=sharing>

If you are having problems completing the packet, please click on this link. It is a step by step process to complete the clearance packet:

https://docs.google.com/presentation/d/1_7Tn531Uc4mWExU8B42B5O6xJK12NrSEk0jtAmD5rUE/edit?usp=sharing

We are very excited for the upcoming year. If you have any questions, please contact Mr. Ruhm at 909-307-5420 or chris_ruhm@redlands.k12.ca.us.

Mr. Ruhm
Assistant Principal
Cope Middle School

