

Community Resource Card
Redlands Unified School District
Academic Case Carrier Program
31000 E. Colton Ave., Redlands, CA 92374
909.389.2750



RUSD has professionals who can help if you are in crisis. Please reach out to your school personnel or your Academic Case Carrier Counselor who can help you get help. Included on this card are additional resources to get you the help you need.

If you are in immediate danger call 9-1-1.

Hygiene

Salvation Army: 838 Alta St., Redlands, CA
909.792.6868 Mon. & Wed. 2 PM-4 PM
Redlands First United Methodist Church:
One E. Olive, Redlands, CA / 909.793.2119
Showers on Saturdays 8:30 AM-11:30 AM

Runaway Resources

National Runaway Safe Line: 1.800.786.2929

Comprehensive Resources

2-1-1 Resource Directory (24 Hours)
(food-clothing-shelter-health-counseling-job services)
Salvation Army: 909.792.6868
Assistance League: 909.792.2675
YMCA Legal Aid Clinic: 909.7922762
316 E Olive Ave, Redlands, 92373
Family Service Association of Redlands :
909.793.2673 / 612 Lawton St., Redlands, CA

Mental/ Behavioral Services

California Youth Crisis Line: 1.877.846.1602
House of Ruth Teen Violence: 909.623.4364
Suicide & Crisis Intervention Service: 1.800.832.9119
Christian Counseling Services: 909.793.1078
101 E. Redlands Blvd. Suite 215, Redlands , 92373
Vista Guidance Center: 909.335.7067
1323 W. Colton Ave. #100, Redlands , 92374
South Coast Community Services: 909.335.7067
1030 Nevada St #200 , Redlands 92374

Housing/Homeless

Inland Temporary Homes: 909.796.6381
Our House: 909.335.2676
1387 Jasper Ave., Mentone, CA (shelter for homeless & runaway youth, ages: 11-17)
Youth Hope Foundation: 909.663.4543
1175 W. Redlands Blvd., Redlands, CA

Healthcare Services/ Substance Abuse

New Hope Free Clinic: 909.748.5408
760 E. Stuart Ave., Redlands, 92374
Planned Parenthood: 909.890.5511
1873 Commercenter W., San Bernardino, 92408
YASP: 909.558.4077
11290 Campus St., Suite 200, Loma Linda, 92354
Free Health Checks & Physical Exams: up to 21yrs of age
800.722.3777
Crosswalk Church: 909.796.3000
(Free Clinic/Dinner on Thursdays starting at 6:30 PM)
10421 Corporate Dr., Redlands, 92374

Food Distribution/Clothing

The Blessing Center: 909.793.5677
(provide a sack lunch per day)
760 E. Stuart Ave., Redlands, CA
Helping Hands: 909.796.4222
(M-F 8:30-11 AM/Sat: 8-10 AM/ Sun: 8-11 AM)
(can go once a week to pick up bags of groceries/mobile pantry)
The Rock Center: 909.825.8887 ext. 504 (T & Th: 8-10AM)
2345 S Waterman Ave., San Bernardino, 92408

Abuse Hotlines

Sexual Assault Hotline: 909.885.8884
Victims of Human Trafficking: 1.888.373.7888
Child Abuse Hotline: 1.800.827.8724
LGBTQ Support
Trevor Project: 1.866.488.7386
The Center: 951.293.4528
info@ie-glbtc.com
It Gets Better: itgetsbetter.org