

**Community Resource Card
Redlands Unified School District
Elementary Counselor Program
31000 E. Colton Ave., Redlands, CA 92374
909.389.2750**



RUSD has professionals who can help if you are in crisis. Please reach out to your school personnel or your Elementary Counselor who can help you get help. Included on this card are additional resources to get you the help you need.

If you are in immediate danger call 9-1-1.

Food Distribution

Helping Hands Pantry: 909.796.4222 (7 days/week)
1455 E Third St., San Bernardino, 92408

The Blessing Center: 909.793.5677 (Weekly food box)
760 E. Stuart Ave., Redlands 92374

The Rock Center: 909.825.8887 ext.504 (T&Th:8-10 AM)
23455 Waterman Ave., San Bernardino, 92408

Sandals Church: 909.794.9800 (food bags/call for times)
1325 Amethyst Ave., Mentone, 92359

Salvation Army: 909.792.6868
838 Alta St., Redlands, 92374

Comprehensive Resources

2-1-1 Resource Directory (24 Hours)
(food-clothing-shelter-health-counseling-job services)

Salvation Army: 909.792.6868
838 Alta St., Redlands, 92374

Building A Generation: 909.793.8822 (all schools)
Franklin: 909.748.6770
Mentone: 909.794.7753
Lugonia: 909.307.2424
Victoria: 909.307.2787

Housing

Inland Temporary: 909.796.6381
Family Service Association of Redlands: 909.793.2673
612 Lawton St., Redlands, 92374
Hannah's House of Hope: 909.230.2132 (Kim Robbins)
760 East Stuart Ave., Redlands, 92374

Parenting

Building a Generation: 909.793.8822
Family Service Association of Redlands: 909.793.8673

Community Outreach/ Programs

Redlands Community Recreation Center: 909.798.7572
111 W Lugonia Ave., Redlands, 92374

YMCA-Youth Organization: 909.798.9724

Kids Connection Community Outreach Program:
909.793.2035 (Offers free life skills: Friday 6-8 PM)
1330 E. Lugonia Ave., Redlands, 92374

Thrive Single Moms: 909.307.1491
10 E. Vine # 202, Redlands, 92373

Health Services

SACHS Clinic: 909.382.7100
250 S. G St., San Bernardino, 92410 (Mon.-Fri.: 8AM-5PM)

Redlands Family Clinic: 909.335.5799
802 W. Colton Ave., Redlands, 92374

Crosswalk Church: 909.796.3000

New Hope Free Clinic: 909.748.5408
760 E. Stuart Ave., Redlands, 92374

Medical: Sat. 9AM-12PM/ Dental: Tue. 6 PM-9 PM

Lions Club Eye Program: 909.792.8635
612 Lawton St., Redlands, 92374

Tutoring

Micah House: 909.747.0319 (Mon.-Thurs. 2 PM-4 PM)
1006 Oxford Dr., Redlands, 92374

Jaspers Corner: 909.748.8288

Free homework assistance– call to make appointment
offered at University of Redlands

Boys & Girls Club: 909.798.4599 (Mon.-Fri. 9 AM-6 PM)
1251 Clay St., Redlands, 92374

Homework Hotline: 1.877.827.54.62 (Sun.-Thur.6-9 PM)

Mental/Behavioral Services

Christian Counseling Services: 909.793.1078
101 E Redlands Blvd. suite 215, Redlands, 92374

Vista Guidance Center: 909.335.7067
1323 W. Colton Ave., Redlands, 923374 #100

Loma Linda BMC: 909.558.9275
1710 Barton Rd., Redlands, 92374

South Coast: 909.732.0747
1030 Nevada St. Suite 200, Redlands, 92374