

# Beattie Middle School

## Student Bulletin

Tuesday, January 8, 2019

Today's Rotation: 6-1-2-3-4-5

### Note New Menu Items in Red

**Breakfast \$1.50:** M/F – Breakfast Pizza, Bagel and Cream Cheese, **Benefit bar**, Asst. Cereal, Yogurt, String cheese T/TH – Waffles and Turkey Sausage, Berry Yogurt Parfait, **Benefit bar**, Asst. Cereal, Yogurt, String cheese W – Egg and cheese croissant, Apple Cinnamon muffin top, **Benefit bar**, Asst. Cereal, Yogurt, String cheese

**Lunch \$2.95:** M – **Fiesta Rice/Bean Shaker**, Uncrustable, **Sweet/Sour chicken and Rice**, Variety Pizza, **Western Burger**, Cheeseburger, Pop Chips T – Popcorn Chicken Salad, Turkey stick/Cheese stick/Corn Bread, **Crispy rounds/Garlic Roll**, Bean/Cheese Burrito, Spicy Chicken Sandwich, Sun Chips W – Popcorn Chicken Salad, Uncrustable, Turkey Gravy/Roll, Variety Pizza, Cheeseburger, Pop Chips TH – Fiesta Rice/Bean Shaker, Turkey Stick/Cheese Stick/Cornbread, Chicken/Waffles, **Beef Taquitos/Queso Blanco**, Spicy Chicken Sandwich, Sun Chips F – Popcorn Chicken Salad, Uncrustable, **Chili Potato/cornbread**, Variety Pizza, Cheeseburger

**Sides:** Asst. Chips, Fresh Fruits & Vegetables, 100% Fruit Juice, 1% White & Nonfat Chocolate Milk

### CHAIN LINKS QUOTE OF THE WEEK

In his "Dream Speech" in Washington D.C. in 1963, Dr. Martin Luther King Jr. addressed over 250,000 people from the steps of the Lincoln Memorial, and his speech was broadcast nationally on television. In his speech, Dr. King said, "We must not allow our creative and peaceful protest to degenerate into physical violence...we must rise to the majestic heights of meeting physical force with soul force." Later in the speech, he said, "I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character." Dr. King's leadership led to the passing of the 1964 Civil Rights Act, and he was the youngest recipient of the Nobel Peace Prize in 1965. He is remembered for his moral leadership, courage, and commitment to Civil Rights for ALL.

Dr. Martin Luther King, Jr.; 1929-1968; Author, Civil Rights Activist, Nobel Peace Prize Winner

### CHAIN LINKS WORD OF THE WEEK

***irascible*** (adj.): Easily angered or annoyed; having a bad temper

Synonym: Crabby; cranky; choleric; petulant

His ***irascible*** attitude disallowed meaningful friendships with others.

She is ***irascible*** in the morning before getting her coffee

The dog was particularly ***irascible*** to strangers.

Ebenezer Scrooge is a cold-hearted and ***irascible*** character early in Charles Dickens' A Christmas Carol; he evolves later in the novella.

Calling all soccer players! Come and meet the boy's coach and the girl's coach for the new Redlands Student Connections League soccer season. If you have your athletic packet turned in be sure to come. Even if you have not completed and turned in your athletic packet come to the meeting, meet the coach and get more information about the season and how to complete your packet. It is not too late to turn in a packet. Packets are available in the student center or online. Tryouts are on Monday, Tuesday January 14, 15. If you are a soccer player we hope that you will try out for the Beattie team. We want the best team out there as we compete against the other middle schools. "Meet the coach" meeting will take place on Tuesday, January 8 at 12:00 for 6<sup>th</sup> grade and 1:00 for 7<sup>th</sup>, 8<sup>th</sup> grade students. Girls will meet in the library, boys will meet in the MPR. Please eat your lunch before going to the meeting. See you at the meeting!

**Agape Club:** Agape Club will meet TODAY during first lunch in E-24 (Science Lab) and second lunch in E-15 (Mr. Whitehurst's room). We'll be studying the Bible, talking about the lesson, praying, and looking at goals for 2019. Come join the fun! We'll begin right away during lunch! If you need a "Front of the Line Pass," see Mr. Whitehurst, Mr. Hibbs, Mr. Puraci, or Mr. Stephens. See you there!!

**Intramural basketball** sign ups this week. On a piece of paper, you will need a team name and the first and last names of your five players, designate one as a captain. Select responsible players because you may NOT use substitutes. You may have one teacher on your team. Rosters are due to the intramural advisors by Friday, January 12: 6th grade Mr. Stephens, 7th grade Mr. Swift, 8th grade Mr. Swift.

**CVHS Speech and Debate:** Attention 8th graders, if you are interested in being a part of the award-winning Speech and Debate Team at Citrus Valley High School next year, come to E-15 (Mr. Whitehurst's room) after school on **Tuesday, 1/15, 3:20-4:20**. High School student representatives will provide an overview of the program, how you can get involved, and even **advanced training** for next year!!!! See Mr. Whitehurst if you want to reserve a slot to get information about Speech and Debate!! (Note: You will need to arrange for your own presentation after the presentation.)