

# Beattie Middle School

## Student Bulletin

Thursday, January 24, 2019

Today's Rotation: 1-2-3-4-5-6

Note New Menu Items in **Red**

**Breakfast \$1.50:** M/F –Breakfast Pizza, Bagel and Cream Cheese, **Benefit bar**, Asst. Cereal, Yogurt, String cheese **T/TH** – Waffles and Turkey Sausage, Berry Yogurt Parfait, **Benefit bar**, Asst. Cereal, Yogurt, String cheese **W** – Egg and cheese croissant, Apple Cinnamon muffin top, **Benefit bar**, Asst. Cereal, Yogurt, String cheese  
**Lunch \$2.95:** **M** –**Fiesta Rice/Bean Shaker**, Uncrustable, **Sweet/Sour chicken and Rice**, Variety Pizza, **Western Burger**, Cheeseburger, Pop Chips **T** – Popcorn Chicken Salad, Turkey stick/Cheese stick/Corn Bread, **Crispy rounds/Garlic Roll**, Bean/Cheese Burrito, Spicy Chicken Sandwich, Sun Chips **W** – Popcorn Chicken Salad, Uncrustable, Turkey Gravy/Roll, Variety Pizza, Cheeseburger, Pop Chips **TH** – Fiesta Rice/Bean Shaker, Turkey Stick/Cheese Stick/Cornbread, Chicken/Waffles, **Beef Taquitos/Queso Blanco**, Spicy Chicken Sandwich, Sun Chips **F** – Popcorn Chicken Salad, Uncrustable, **Chili Potato/cornbread**, Variety Pizza, Cheeseburger  
**Sides:** Asst. Chips, Fresh Fruits & Vegetables, 100% Fruit Juice, 1% White & Nonfat Chocolate Milk

### CHAIN LINKS QUOTE OF THE WEEK

"Courage is not the aggressive voice you use when you're angry. Courage is the ability to peacefully step out when you don't always know where your next step will take you. Courage is taking a step of faith for all the right reasons and boldly venturing into the darkness in righteousness."

Maya Angelou; 1928-2014; Author, Poet, Civil Rights Activist

### CHAIN LINKS WORD OF THE WEEK

**Lugubrious**: adj. Full of sadness or sorrow; very sad especially in an exaggerated or insincere way

Synonym: Sad; mournful; dismal; disconsolate; glum

Monday mornings always put Melanie in a **lugubrious** mood, particularly on cold, winter days.

His **lugubrious** manner caused others to see him as a pessimist.

The **lugubrious** monologue in the play set a somber tone and was so hyperbolic that it was almost comical.

### MINIMUM DAY – TODAY! Dismissal at 12:40

**Talent Show Auditions:** Calling all Dancers, Jugglers, Stand-up Comedians, Singers, Actors, Musicians, or ANYONE with ANY ounce of talent!!! Beattie's annual Talent Show is looking for performers!! In order to audition for the Talent Show, you will need to sign up for an audition time and get an audition packet from Mr. Detrow in E-21 before school, at 2nd lunch or after school. Auditions will be held on January 28th, 30th, and 31st after school in E-21.

**This week is NO NAME CALLING WEEK.** Middle school is a tough place and hurtful & offensive name calling makes it even tougher. No one deserves to be made to feel hurt or isolated because of name calling. Please join the GSA in respecting each other not engage in name calling this week. Remember if you see something, say something.

**Attention 8th Grade Washington DC Participants:** Meet in E-19 TOMORROW during 2nd lunch for a mandatory trip meeting. We will be discussing our upcoming DC, New, York, Philadelphia trip. *This is not a school or district sponsored field trip.* (Mr. Hibbs)