

REDLANDS UNIFIED SCHOOL DISTRICT  
HEALTH SERVICES DEPT.  
P.O.BOX 3008  
REDLANDS CA 92373-1508  
Phone: 909-307-5300  
x20374 Lead RN  
x20821 Health Office Support



School Name: \_\_\_\_\_  
School Phone#: \_\_\_\_\_  
School Fax#: \_\_\_\_\_  
School RN: \_\_\_\_\_

## PHYSICIAN INSTRUCTIONS

For SCHOOL ASSISTED MEDICATION

**A. This form must be completed before any medication (prescription or over-the-counter) can be given, or taken, at school. Signatures of both physician and parent/guardian are required. This form must be renewed annually or with any change in medication.**

Student Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

### PHYSICIAN USE ONLY

1. MEDICATION: \_\_\_\_\_ Dose: \_\_\_\_\_ Reason/Diagnosis: \_\_\_\_\_  
 Oral  Nasal  Topical  
Route:  Inhale  Injection  Other \_\_\_\_\_ Med Start Date: \_\_\_\_\_ Stop Date: \_\_\_\_\_  
 If DAILY- Time(s) to be given: \_\_\_\_\_  
 If AS NEEDED (prn) - Frequency:  Every 3 to 4 hrs.,  Every 4 to 6 hrs.,  Other: \_\_\_\_\_  
 \*Self carry - for asthma inhaler or epinephrine auto-injectors ONLY. Student demonstrates competence.  
\* (**Not** recommended in elementary school)  
Other instructions if needed (e.g., signs/symptoms for usage, special storage, adverse reactions): \_\_\_\_\_

2. MEDICATION: \_\_\_\_\_ Dose: \_\_\_\_\_ Reason/Diagnosis: \_\_\_\_\_  
 Oral  Nasal  Topical  
Route:  Inhale  Injection  Other \_\_\_\_\_ Med Start Date: \_\_\_\_\_ Stop Date: \_\_\_\_\_  
 If DAILY- Time(s) to be given: \_\_\_\_\_  
 If AS NEEDED (prn)- Frequency:  Every 3 to 4 hrs.,  Every 4 to 6 hrs.,  Other: \_\_\_\_\_  
 \*Self carry- for asthma inhaler or epinephrine auto-injectors ONLY. Student demonstrates competence.  
\* (**Not** recommended in elementary school)  
Other instructions if needed (e.g., signs/symptoms for usage, special storage, adverse reactions): \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Physician Name: \_\_\_\_\_ NPI# \_\_\_\_\_  
Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
City: \_\_\_\_\_ Zip: \_\_\_\_\_

*All medication orders will be automatically discontinued at the end of the school year. New orders are required each school year.*

California Education Code section 49423 provides that any pupil who is required to take, during the regular school day, medication prescribed for him by a physician, may be assisted by the school nurse or other designated school personnel if the school district receives (1) a written statement from such physician detailing the method, amount, and time schedules by which such medication is to be taken and (2) a written statement from the parent or guardian of the pupil indicating the desire that the school district assist the pupil in the matters set forth in the physician's statement.

\*California Education Code section 49423 (c) A pupil may be subject to disciplinary action pursuant to Section 48900 if that pupil uses an inhaler or auto-injectable epinephrine in a manner other than as prescribed.

# Parent Request

## For Assistance with Medication at School

**B.** The parent or guardian must complete this page before any medication (*prescription or over-the-counter*) can be given, or taken, at school.  
**Signature of parent or guardian is required. This form must be renewed each school year or with any change in medication.**

**Student Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

### Parent Request for School Assistance with Medication

**\*\* Parent please sign: Section A (Assisting with Meds) OR Section B (Self Carry)**

I understand that school district regulations require student medication to be maintained in a secure place, under the direction of an adult employee of the school district, and not carried on the person of a student (with the exception of asthma inhalers and epinephrine auto-injectors accompanied by appropriate physician instructions).

**A.** I hereby request that the staff of my child's school assist in giving medication to my child during school hours as stated in the physician instructions. I also give permission to contact the physician for consultation and exchange of information as needed.

**Parent or Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Phone Number:** \_\_\_\_\_

**B.** For **ASTHMA INHALER/EPINEPHRINE AUTO-INJECTOR SELF-CARRY** requests only: I hereby request that my student carry and self-administer his/her asthma inhaler or auto-injector. I understand that if my student does not follow the rules and responsibilities of carrying his/her medication, he/she will lose the privilege of carrying such medication.\* I also give permission to contact the physician for consultation and exchange of information as needed.

**Parent or Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Phone Number:** \_\_\_\_\_

### Student Contract – Asthma Inhalers/Emergency Epi-Pens ONLY

I agree to keep my medication in a safe and secure place, such as on my person, at all times. I agree I will NEVER share my medication with another student. If I am using my inhaler more than once a day, or several times a week, I will speak with the school nurse.

**Student Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*All medication orders will be automatically discontinued at the end of the school year. New orders are required each school year.*

• California Education Code section 49423 (c) A pupil may be subject to disciplinary action pursuant to Section 48900 if that pupil uses an inhaler or auto-injectable epinephrine in a manner other than as prescribed.

Reviewed by School RN: \_\_\_\_\_ Date: \_\_\_\_\_

Verified NPI #: \_\_\_\_\_