

# Beattie Middle School Student Bulletin



Date: **Monday, January 27, 2020**

Today's Rotation: **5-6-1-2-3-4**

## Note New Menu Items in **Red**

**Breakfast \$1.50:** **M** – Egg/Cheese/Chorizo Burrito, Mini Pancakes, Benefit Bar, Cereal, Yogurt, Cheese **T** – Waffle Sandwich, Cinnamon Toast, UBR, Cereal, Yogurt, String Cheese, Turkey Sausage **W** – Egg/Cheese/Ham Croissant, Eggo Mini French Toast, Benefit Bar, Cereal, Yogurt, String Cheese **Th** – Dutch Waffle, Cinnamon Swirl, UBR, Cereal, Yogurt, String Cheese, Turkey Sausage **F** – Waffles/Turkey Sausage, Blueberry Muffin, Benefit Bar, Cereal, Yogurt, String Cheese  
**Lunch \$3.05:** **M** – Chef Salad, Yogurt/Muffin/Seeds, Drumstick/Maple Biscuit, Pizza **T** – Buffalo Chicken Wrap, PB&J Sandwich, Teriyaki Chicken/Rice, Pizza, Cheeseburger **W** – Turkey/Cheese Croissant, Yogurt/Muffin/Seeds, Pork Street Tacos, Pizza **TH** – PB&J Sandwich, Cheese Sticks/Marinara Sauce, Pork Chile Verde Burrito, Western Cheeseburger, Buffalo Chicken Wrap **F** – Yogurt/Muffin/Seeds, Bean/Cheese Burrito, BBQ Chicken Sandwich, Pizza

**Sides:** Asst. Chips, Fresh Fruits & Vegetables, 100% Fruit Juice, 1% White & Nonfat Chocolate Milk

## Chain Links Quote of the Week:

In his "Dream Speech" in Washington D.C. in 1963, Dr. Martin Luther King Jr. addressed over 250,000 people from the steps of the Lincoln Memorial, and his speech was broadcast nationally on television. In his speech, Dr. King said, "We must not allow our creative and peaceful protest to degenerate into physical violence...we must rise to the majestic heights of meeting physical force with soul force." Later in the speech, he said, "I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character." Dr. King's leadership led to the passing of the 1964 Civil Rights Act, and he was the youngest recipient of the Nobel Peace Prize in 1965. He is remembered for his moral leadership, courage, and commitment to Civil Rights for ALL.

Dr. Martin Luther King, Jr.; 1929-1968; Author, Civil Rights Activist, Nobel Peace Prize Winner

**Decade Day** is on Friday! Put on your leg warmers, neon colors, tie-dye, or whatever else you may have to represent your favorite decade. The class at each grade level with the most participation ends a reward at the end of the quarter. Dress code applies!

**Attention ALL:** Follow Beattie's new Instagram @bobcatsrusd to stay up to date about all of our activities and to help us vote for the theme of the next dance!

**RHS Student Government:** Are you going to RHS and interested in student government? Check out your 8th Grade Google Classroom page for information on how to apply. Applications are due April 3.

**Talent Show Sign Ups:** Calling all singers, dancers, actors, musicians, comedians, jugglers, gymnasts, or anyone with a talent to show off: Auditions for Beattie's Annual Talent Show will be held TODAY, tomorrow, and Thursday in E-21. To audition you must sign up for an audition time and complete an audition packet. Signups and packets will be available in E-21 before and after school. Good Luck!

**PRAISE Cards:** Hey Bobcats! Get caught doing something good! All Beattie staff will be handing out praise cards to students who are going above and beyond by doing something awesome. You then turn these cards into the office by Friday at lunch for the weekly drawing. Each Friday after lunch, several cards will be pulled and those students will win prizes. Each week starts over, so be awesome every week! Last week's winners were: