



## Cope Middle School

December 2, 2022

Today's Rotation 3-4-5-6-1-2

**Breakfast:** **M**-Cinnamon Toast Crunch, Cocoa Puffs Cereal, Frosted Shredded Wheat Cereal, Honey Bun, Honey Oat Scooters, Marshmallow Matey's Cereal, Tony's Breakfast Sausage Pizza, Ultimate Breakfast Round, Fruit, Juice and Milk **T**-Cinnamon Toast Crunch, Cocoa Puffs, Dutch Waffle Frosted Shredded Wheat, Honey Oat Scooters, Maple Pancake, Chicken Sausage Sandwich, Marshmallow Matey's Cereal, Oatmeal Chocolate Chip BeneFit Bar, Fruit, Juice and Milk, **W**- Berry Yogurt Parfait, Cinnamon Toast Crunch, Cocoa Puffs Cereal, Frosted Shredded Wheat, Honey Oat Scooters, Marshmallow Matey's Cereal, Mini Choc. Chip French Toast Bites, Ultimate Breakfast Round, Fruit, Juice and Milk, **TH**-Bagel, Cinnamon Toast Crunch Cereal, Cocoa Puffs Cereal, Frosted Shredded Wheat Cereal, Honey Oats Scooters, Marshmallow Matey's Cereal, Oatmeal Chocolate Chip BeneFit Bar, Tony's Breakfast Sausage Pizza, Fruit, Juice, and Milk, **F**-Cinnamon Toast Crunch, Cocoa Puffs Cereal, Eggo Mini Maple Waffles, Frosted Shredded Wheat Cereal, Honey Oat Scooters, Maple Pancake, Chicken Sausage Sandwich, Marshmallow Matey's Cereal, Ultimate Breakfast Round, Fruit, Juice and Milk

**Lunch:** **M, W and F**- Bagel Box, Big Daddy Four Cheese Pizza, Big Daddy Pepperoni Pizza, Krispy Chicken Salad, Senor Felix Burrito, Spicy Chicken Sandwich, Fruit and Vegetables, Juice and Milk, **T and TH**- Cheeseburger, Krispy Chicken Sandwich, Orange Chicken and Rice, Pizza Crunchers, Spicy Chicken Salad, Yogurt, Muffin and Seeds, Fruit and Vegetables, Juice and Milk

**Attention all Eagles**, as a reminder, Cope Eagles SOAR on campus by being **ACCOUNTABLE**. Accountability on campus looks like keeping a clean campus! Be sure your trash goes into a trash can and not left on a desk or lunch table. If you see your friends leaving their trash behind, remind them to throw it away before going to class. Keep in mind, "I believe that we are solely responsible for our choices, and we have to accept the consequences of every deed, word, and thought throughout our lifetime."

**Attention all students:** come see "The Somewhat True Tale of Robin Hood" in the MPR on Monday, December 5th and Tuesday, December 6th at 6PM. The show is funny, family-friendly, and only 80 minutes long! Tickets are FREE! There will be snacks and water for sale. Hope to see you there!

**Good Morning Cope Eagles!** This winter, we are celebrating by selling winter grams. They will be sold starting on December 5 and ending on December 12 during both lunches. They are \$1 each or 5 for \$4 dollars.

**Good morning Cope Eagles!** This holiday season, we are supporting our community by hosting a Holiday Food and Toy Drive. Join us to help fight against hunger! Please donate things like canned foods, toys, boxed goods, and hygiene products. You will be able to receive raffle tickets for each item you donate. Donate to help those in need!

**Good morning Scholars!** The Cope C-STEM Coding Club is still programming on Tuesday and Thursday mornings, 7:30-8:30. We have learned how to connect robots, drive them around, and draw with them! Learn the basics of coding now so that when we come back from Winter break, we can compete against each other! Go to Ms. Lenert's room, J-31 every Tuesday and Thursday morning!

**Come and see the Cope Marching band** at the Redlands Christmas parade on Saturday. The parade is in down town Redlands and begins at 6:00 PM.