



Cope Middle School

December 7, 2022

Today's Rotation 6-1-2-3-4-5

Breakfast: **M**-Cinnamon Toast Crunch, Cocoa Puffs Cereal, Frosted Shredded Wheat Cereal, Honey Bun, Honey Oat Scooters, Marshmallow Matey's Cereal, Tony's Breakfast Sausage Pizza, Ultimate Breakfast Round, Fruit, Juice and Milk **T**-Cinnamon Toast Crunch, Cocoa Puffs, Dutch Waffle Frosted Shredded Wheat, Honey Oat Scooters, Maple Pancake, Chicken Sausage Sandwich, Marshmallow Matey's Cereal, Oatmeal Chocolate Chip BeneFit Bar, Fruit, Juice and Milk, **W**- Berry Yogurt Parfait, Cinnamon Toast Crunch, Cocoa Puffs Cereal, Frosted Shredded Wheat, Honey Oat Scooters, Marshmallow Matey's Cereal, Mini Choc. Chip French Toast Bites, Ultimate Breakfast Round, Fruit, Juice and Milk, **TH**-Bagel, Cinnamon Toast Crunch Cereal, Cocoa Puffs Cereal, Frosted Shredded Wheat Cereal, Honey Oats Scooters, Marshmallow Matey's Cereal, Oatmeal Chocolate Chip BeneFit Bar, Tony's Breakfast Sausage Pizza, Fruit, Juice, and Milk, **F**-Cinnamon Toast Crunch, Cocoa Puffs Cereal, Eggo Mini Maple Waffles, Frosted Shredded Wheat Cereal, Honey Oat Scooters, Maple Pancake, Chicken Sausage Sandwich, Marshmallow Matey's Cereal, Ultimate Breakfast Round, Fruit, Juice and Milk

Lunch: **M, W and F**- Bagel Box, Big Daddy Four Cheese Pizza, Big Daddy Pepperoni Pizza, Krispy Chicken Salad, Senor Felix Burrito, Spicy Chicken Sandwich, Fruit and Vegetables, Juice and Milk, **T and TH**- Cheeseburger, Krispy Chicken Sandwich, Orange Chicken and Rice, Pizza Crunchers, Spicy Chicken Salad, Yogurt, Muffin and Seeds, Fruit and Vegetables, Juice and Milk

Attention all Eagles, as a reminder, Cope Eagles SOAR on campus by being RESPECTFUL. Respect on campus looks like using school appropriate language and respecting the personal space of others. Keep all hands and feet to yourself. Keep in mind, "In a world where you can be anything, be kind"

Attention all students: come see "The Somewhat True Tale of Robin Hood" in the MPR Today Tuesday, December 6th at 6PM. The show is funny, family-friendly, and only 80 minutes long! Tickets are FREE! There will be snacks and water for sale. Hope to see you there!

Good Morning Cope Eagles! This winter, we are celebrating by selling winter grams. They will be sold starting on December 5 and ending on December 12 during both lunches. They are \$1 each or 5 for \$4 dollars.

Good morning Cope Eagles! This holiday season, we are supporting our community by hosting a Holiday Food and Toy Drive. Join us to help fight against hunger! Please donate things like canned foods, toys, boxed goods, and hygiene products. You will be able to receive raffle tickets for each item you donate. Donate to help those in need!

Good morning Scholars! The Cope C-STEM Coding Club is still programming on Tuesday and Thursday mornings, 7:30-8:30. We have learned how to connect robots, drive them around, and draw with them! Learn the basics of coding now so that when we

come back from Winter break, we can compete against each other! Go to Ms. Lenert's room, J-31 every Tuesday and Thursday morning!

Hi 6th Graders! WEB will be hosting a Lunch with your Leader event during 1st lunch Today, Tuesday, December 6th. The event will be held in the library and the lunch area, and we will have holiday card making, coloring pages and games to participate in. We hope to see you there!

This week our first lunch Pride/Belong club will be on Tuesday. The change will be only for this week. Hope to see you there!! "A community the excludes even one member is no community at all."

Happy Holidays Eagles! This Thursday December 8th the Cope Choir will be hosting a movie night at 6pm in the MPR. There will be hot chocolate, popcorn and other snacks for sale as well as a holiday dress-up contest. Wear your ugliest holiday sweater or your cutest holiday pajamas for your chance to win a prize! Come celebrate the season with your family and friends, you won't want to miss this fun event! See you there!

Adelante! Is selling hot cocoa today at the girl's softball game. Enjoy a cup for Just \$1 while you cheer for our team!