



# BOBCAT BULLETIN

DATE: MONDAY, JANUARY 23, 2023  
TODAY'S ROTATION: 4-5-6-4-2-3

### CAFETERIA MENU:

**Breakfast:**

**MONDAY:** Egg/Cheese breakfast sandwich, Twin Bar, BeneFIT bar, Asst. Cereal  
**TUESDAY:** Bacon/Egg/Potato Breakfast Burrito, Strawberry Waffle, UBR, Asst. Cereal  
**WEDNESDAY:** Apple Frudel, Pumpkin Bread, BeneFIT Bar, Asst. Cereal  
**THURSDAY:** Pork/Egg Breakfast Burrito, Blueberry bagel/cream cheese, UBR, Asst. Cereal  
**FRIDAY:** Maple waffle Chicken Sandwich, Choc. Chip Muffin, Cinn Apple Oat Chewie bar, Asst. Cereal

**2<sup>nd</sup> Chance Breakfast:**

**MON:** Twin Bar, BeneFIT bar - Apple  
**TUES:** Strawberry Belguin Waffle, UBR - Banana  
**WED:** Pumpkin Bread, BeneFit Bar - Banana  
**THURS:** Blueberry Bagel/Cream Cheese, UBR - Plum  
**FRIDAY:** Choc. Chip Muffin, Cinn Apple Oat bar - Orange

**Lunch:**

**MONDAY:** Green Chile Tamale, Muffin box, Grilled Cheese, BBQ Chicken Sandwich, Cheese/Pepperoni Pizza  
**TUESDAY:** Grape EZ Jammer, Hamburger, Cheeseburger, Teriyaki Chicken/Rice, Cheese Breadsticks  
**WEDNESDAY:** Bean/Cheese Pupusa, Muffin Box, Bean/Cheese Burrito, Mac/Cheese, Cheese/Pepperoni Pizza  
**THURSDAY:** Grape EZ Jammer, Hamburger, Cheeseburger, Teriyaki Chicken/Rice, Cheese Breadsticks  
**FRIDAY:** Chicken Sandwich/Pickles, Yogurt Box, Grilled Cheese, Nacho Grande/Chips, Cheese/Pepperoni Pizza

**BE RESPECTFUL!**

**BE RESPONSIBLE!**

**BE SAFE!**

ASSORTED FRUITS AND VEGGIES DAILY    ASSORTED JUICE AND MILK DAILY

### WHAT'S GOING ON THIS WEEK?

**Monday** –  
**Tuesday** – GSA (Both Lunches)  
**Wednesday** – E-Sports in H-48 (2<sup>nd</sup> Lunch)  
**Thursday** –  
**Friday** –

### ANNOUNCEMENTS:

**GREAT KINDNESS CHALLENGE:** This morning is the 2023 Great Kindness Challenge. Each day, we will challenge students to complete an act of kindness towards others. Counselors will also have a Kindness Bingo sheet available in the student center for students to complete throughout the week. **Students who complete their BINGO card can turn it in on Friday at lunch for a sweet treat.**

**TODAY:** Smile at 5 people you don't already know.

And don't forget to pick up a Kindness BINGO sheet in the Student Center!

**TOMORROW:** Offer to help someone with their school work.

**Wednesday:** Schedule some time to spend with a family member.

And if you haven't already, be sure to pick up a Kindness BINGO sheet in the Student Center!

**Thursday:** Pick up trash that isn't yours...just to help keep our world beautiful.

**Friday:** Offer to carry something for someone who might need help.

**Attention students attending Redlands High school next year:** If you are interested in trying out to be an RHS Spiritleader, please complete the Google Interest survey. The survey will be accepted until April 14<sup>th</sup>. See your Class of 2027 page for the Google Link.

**Attention all students:** February Birthday shout-outs will be on sale this week during both lunches outside E-09. Celebrate your bestie's birthday with a broadcast shout-out for just \$1.

**Attention 6<sup>th</sup> graders:** Don't forget to bring in those tickets to the health office to receive a cool gift, just for turning in your updated immunization record. The first 100 kids win, so hurry tell your parents to give you a copy.

**Attention 8<sup>th</sup> graders:** Are you going to RHS next year? Want to get involved on campus? Do you love to help others? Want to create memories? Join STUGO!! Student Government wants YOU! Applications are available using the Google classroom code: c35qccn or email [katie\\_baker@redlands.k12.ca.us](mailto:katie_baker@redlands.k12.ca.us). Applications are due Friday, March 17<sup>th</sup>.